Sewing Pattern #2861401

Dress - Semi-fitted - Below knee length - Regular armholes - Plunging neckline - Jacket style collar with high lapel - Closure from neckline to hem with folded placket - Dress without waist seam - No waist seam, half circle panel skirt - Princess front seam: armhole to waist - Back princess seam armhole to waist - Long sleeve gathered at standard cuff and at cap



Note on seam allowances:

- If the pattern has double contour the seam allowances are included.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - https://get.adobe.com/reader/.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

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CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. **Recommended fabric for your sewing pattern:**

- **Linen:** A breathable and lightweight fabric (weight: light to medium) that drapes beautifully, perfect for creating comfortable and semi-fitted garments.
- **Cotton Poplin:** A smooth and versatile fabric (weight: light to medium) with a slight crispness, ideal for semi-fitted dresses and tops with a classic look.
- **Rayon Challis:** Soft and drapey (weight: light), rayon challis offers a lovely flow for semi-fitted garments with a relaxed feel.
- **Cotton Lawn:** A lightweight and breathable fabric (weight: light) with a smooth surface, great for creating comfortable and semi-fitted summer dresses and tops.
- **Chambray:** Similar to denim but with a lighter weight (weight: light to medium), chambray provides a casual yet polished look for semi-fitted styles.
- **Light-weight Denim:** A versatile option (weight: light to medium) that adds a touch of casual elegance to semi-fitted dresses and tops, perfect for everyday wear.
- **Polyester Blends:** Woven fabrics with small to medium stretchiness and limited give (weight: light to medium), ideal for creating semi-fitted garments with a polished appearance.
- **Crepe:** With its subtle texture and drape (weight: light to medium), crepe is an excellent choice for semi-fitted garments with a touch of elegance.
- **Silk Habotai:** Soft and smooth (weight: light), silk habotai adds a luxurious feel to semi-fitted dresses and tops.
- **Tencel Twill:** Eco-friendly and breathable (weight: light to medium), Tencel twill is perfect for creating semi-fitted garments with a modern touch.
- **Cotton Sateen:** With a slight sheen and soft touch (weight: light to medium), cotton sateen works well for semi-fitted dresses and tops with a polished appearance.

Remember to consider the pattern's style elements and the ease allowance while selecting the fabric. These woven fabrics, including polyester blends and light-weight denim, will ensure comfortable and stylish semi-

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fitted garments for various occasions. Happy sewing!

2. **Preparing the Fabric:**

a. **Prewash the Fabric:**
   - Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
   - Follow the fabric's care instructions for washing and drying.

b. **Dry and Iron:**
   - After prewashing, dry the fabric according to the care instructions.
   - Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. **Check Fabric Edges and Salvage Edge:**
   - Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
   - If the fabric is cut at an angle, take this into account when calculating the yardage needed.
   - Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. **Use the Online Yardage Tool at Sewist.com:**
   - Visit Sewist.com and use the online yardage tool to estimate the amount of fabric required for your sewing pattern.
   - Input the necessary measurements and details to get an accurate yardage estimate.

e. **Check Sewing Pattern Instructions:**
   - Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them need to be cut on the fold.
   - Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. **Language Options:**
   - If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
   - Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. **Choose Your Cutting Method:**
   1. (Option 1)
      - Print out the sewing pattern and tape the pages together to create the pattern pieces.
      - Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
      - Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.
   2. (Option 2)
      - If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
      - Download the app and print out the marker page, then follow the manual at Sewist.com - VectAR Manual to use the AR sewing pattern.

3. FUSIBLE INTERFACING

Applying Fusible Interfacing:

a. Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
b. Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
c. Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
d. To protect the fabric, position a pressing cloth over the interfacing.

e. Apply the fusible interfacing in manageable stages, focusing on one area at a time.
f. With the iron held over the fabric, maintain a steady position for approximately 10 seconds.
g. Keep the iron still during this time to prevent any movement of the fabric layers.
h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

Applying Fusible Interfacing to Shoulder Edges:

a. Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
b. From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
c. This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
d. Refer to the *Figure on the right* for visual guidance.



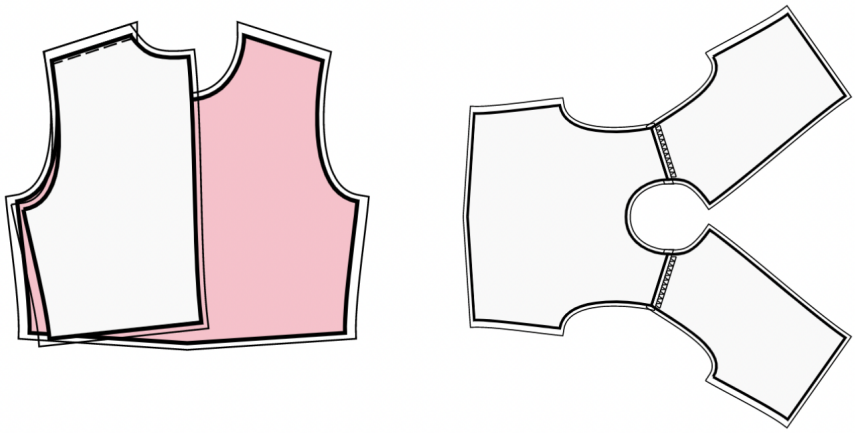
4. **Attaching the Back Pieces**

1. Match and Pin: Take the Back Side pieces and place them onto the Back Center piece, right sides together. Match the curved edges carefully. Use pins to secure them in place.
2. Sew the Seams: Starting from the top, where the curves meet, use your sewing machine to stitch down along the curved seam. Remove the pins as you sew and be sure to backstitch at the beginning and end for extra security.
3. Clip the Curves: After sewing, you'll notice that the curved seam has some excess fabric. To help it lay flat, make small, careful cuts into the seam allowance along the curve. But be cautious not to cut into the actual seam you just stitched.
4. Finish the Seams: To keep the fabric edges from fraying, finish the seams. This can be done with a serger if you have one, or you can use a zigzag stitch on your regular sewing machine.
5. Press the Seams: To make everything neat and tidy, press the seam allowance towards the center of the Back piece. Pressing gives your sewing a polished look.
6. Treat as One Piece: Now that you've successfully joined the Back Side and Back Center pieces, consider them as a single Back piece for your future sewing steps.

5. Sew center back seam from top to hem. Press the seam apart.

6. Sew shoulder seams. Serge and press towards back.

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7. **JACKET STYLE COLLAR**

- Pin upper collar to lower collar and sew the corners and the fall (the outer edge of the collar). Start and stop sewing exactly at the T-notch that marks the position of the seam between the collar and the garment. Trim away corners, clip into the seam allowances near the T-notch. Turn the collar right side out, straighten and press.

- Pin back neckline facing to center front facing along the shoulder seams. Sew and press apart.

- Place the Center Front Facing onto Front, right sides together, pin together and sew along the center front edge. Sew upwards up to the T-notch marking the end of the collar seam. Trim away corners. Topstitch seam allowance along center front edge: (1) onto center front facing along the closure, and (2) onto front along the part, which is folded away when the collar is ready. Place stitch line at 0,2 cm from the seam. Turn center front facings onto the wrong side and straighten the seams.

- Pin the lower collar to the neckline of the Front and the Back, matching the edge of the collar with the T-notch, and matching the marks for shoulder seams and center back seam correspondingly. Sew.

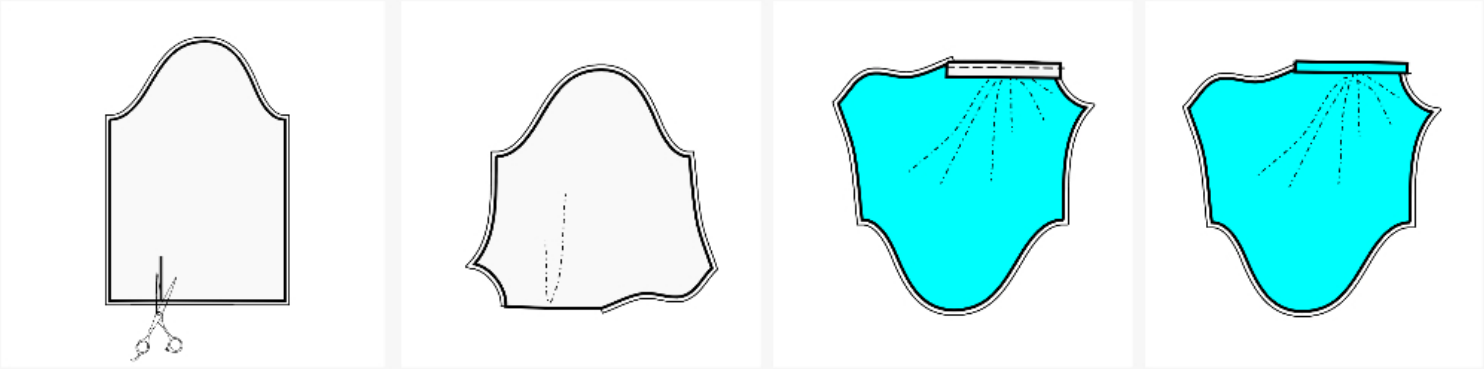
- Pin the upper collar into the neckline of back facing and center front facing. matching the edge of the collar with the T-notch, and matching the marks for shoulder seams and center back seam correspondingly. Sew.

- Press the seam allowances of the collar seam apart, and slipstitch them together close to the seam.

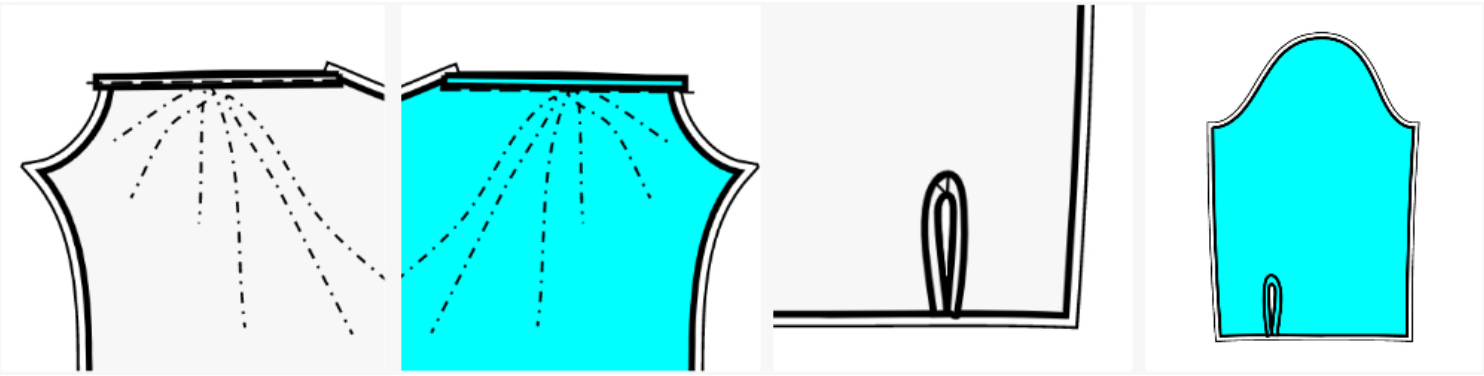
8. Slash slit on sleeve along the marked line. Stop at 1 cm from the end. (Figure 1)
Cut bias tape from main fabric (or take ready), its width should equal 4 cm and length should equal two lengths of slit + 4 cm. You may also use a ready bias tape.
Spread the slit so that it forms a straight line. (Figure 2)
Sew bias tape to slit of sleeve:
- Pin bias tape to the slit edge from the right side. The longer edge of the bias tape matches the edge of the slit. Baste the bias tape in place.
- Sew at 5-7 mm from the edge up to the slit corner. Stop the sewing machine, leave the needle in fabric. Raise the foot, straighten the slit, lower the foot, and then continue sewing. (Figure 3)

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- Fold the bias tape towards edge and press. (Figure 4)



- Trim the seam allowance of the sit to 3-5 mm. Trim the bias tape to 1-1.2 cm. These recommendations are valid for natural/mixed woven thin and well draping fabrics, suitable for blouses.
- Fold bias tape onto the wrong side. Fold under the inner edge, and baste. (Figure 5)
- Stitch in the ditch from the right side, into the first seam of the bias tape, connecting the inner side of the bias tape to the fabric. The ready trimming is approximately 4 mm wide.(Figure 6)
- Match the sides of the slit, and fold the sleeve right sides together along the slit line.
- Sew the corner of the trimming by a slanted stitch, like a small dart.
- On the wrong side, press the corner of the 'dart' towards one side and slipstitch it in place. (Figure 7)
- The ready slit is shown in Figure 8.



9. Sew a gathering stitch along upper edge of cuff and gather fullness. Sew upper edge of cuff to lower edge of sleeve. Serge and press towards sleeve. Sew sleeves into armholes, adjusting ease and matching notches.

10. **SEW SLEEVES INTO ARMHOLES**

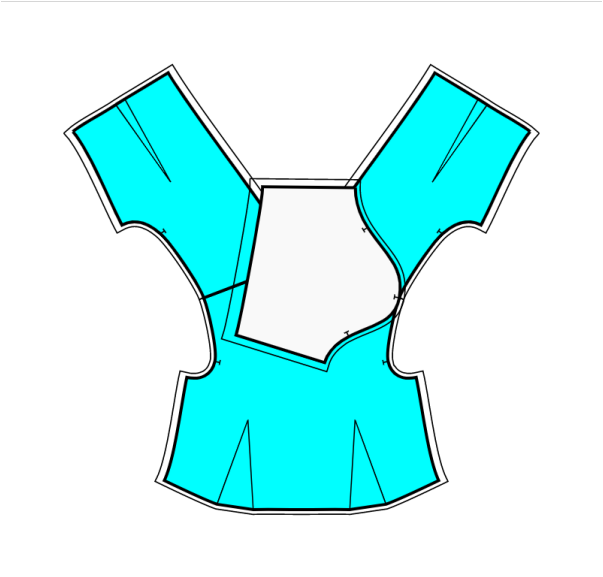


- Stitch two parallel gathering stitches along the sleeve cap, between the two markings at the back and at the front of the sleeve. Leave the ends of threads on each side, at least 10 cm (4 inches) long.
The first stitch line should be placed at 0.1 mm above the marked stitch line, the second stitch line should be placed at 0.5 mm above the first stitch line. (See Figure 1)

- Gather ease, pulling the lower thread. Press the cap of the sleeve, easing it in, 1-1.5 cm at a time. (See Figure 2)

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OPEN ARMHOLE (side seams and sleeve seam not sewn yet):



- Pin the sleeve to the bodice (Right Back, Front and Left Back, connected at the shoulder seams). The side edges of the seam should line up with the side edges of the Front / Back, correspondingly. The upper mark on the cap of the sleeve should line up with the shoulder seam - see Figure 3. Baste the sleeve into the armhole, matching the markings at the front and back armholes with the markings at the front and back sides of the cap.

- Sew the seam, with the sleeve on top, and the bodice at the bottom, so that you can control the ease and make sure there are no unwanted tucks at the cap.

- If there are any uneven edges at the cap due to easing it in, trim the seam allowance a little bit to have a smooth line at the edge. Serge the seam with the sleeve on top, and the bodice at the bottom.

- Serge the cap edge with the sleeve on top, and bodice at the bottom.

- Press towards the sleeve.

11. **Garment Assembly**

1. Aligning Right Sides and Pinning: Carefully place the Back piece onto the Front piece, right sides together. Take your time to align the following elements for a proper fit: the armholes, the lower edge of the sleeve, the waist seam, and the hem of the garment. Once aligned, use pins to secure them in place. Pins will help keep everything in order.
2. Side Seam Stitching: Commence stitching from the armhole corner, sewing a straight line down to the hem of the garment. This seam forms the side of your dress. Proceed deliberately, removing pins as you sew. Remember to begin and end your seam with a few backstitches to secure it.
3. Sleeve Seam Sewing: Transition to the sleeve section. Stitch a straight line from the armhole down to the lower edge of the sleeve. This creates the sleeve seam. Once again, take your time and remove pins as you progress. Ensure that you commence and conclude your seam with backstitches.
4. Seam Finishing and Pressing: After completing the stitching, it's important to finish the raw edges of the fabric to prevent fraying. You can accomplish this using a serger or by employing a zigzag stitch on your sewing machine. Subsequently, press the seams towards the back of the garment or the back part of the sleeve.

12. HEM FINISHING

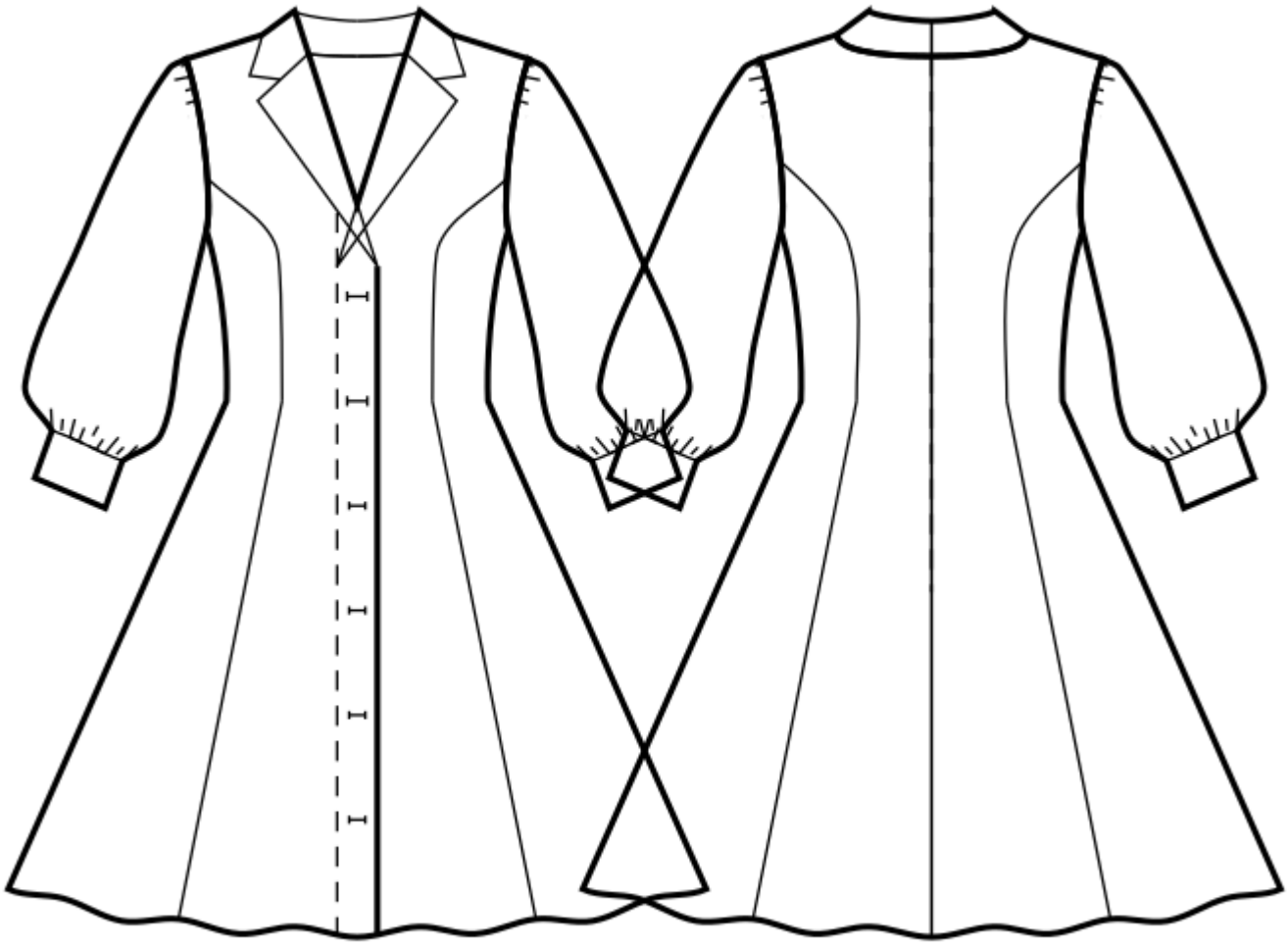
a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
   - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.

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- **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

13. Make button holes on the right front. Sew on buttons on the left front according to the markings and the button holes.

TECHNICAL DRAWING:



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