Sewing Pattern #4463304

Dress - Semi-fitted - Maxi length - Regular armholes - Round neckline - No collar - Button closure neck to waist - Trapeze Dress - Gathered skirt at waist - Front french dart - No back shoulder dart - Sleeve with cuff and gathered inset



Note on seam allowances:

- If the pattern has double contour the seam allowances are included.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - https://get.adobe.com/reader/.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

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Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. **Recommended fabric for your sewing pattern:**

- **Linen:** A breathable and lightweight fabric (weight: light to medium) that drapes beautifully, perfect for creating comfortable and semi-fitted garments.
- **Cotton Poplin:** A smooth and versatile fabric (weight: light to medium) with a slight crispness, ideal for semi-fitted dresses and tops with a classic look.
- **Rayon Challis:** Soft and drapey (weight: light), rayon challis offers a lovely flow for semi-fitted garments with a relaxed feel.
- **Cotton Lawn:** A lightweight and breathable fabric (weight: light) with a smooth surface, great for creating comfortable and semi-fitted summer dresses and tops.
- **Chambray:** Similar to denim but with a lighter weight (weight: light to medium), chambray provides a casual yet polished look for semi-fitted styles.
- **Light-weight Denim:** A versatile option (weight: light to medium) that adds a touch of casual elegance to semi-fitted dresses and tops, perfect for everyday wear.
- **Polyester Blends:** Woven fabrics with small to medium stretchiness and limited give (weight: light to medium), ideal for creating semi-fitted garments with a polished appearance.
- **Crepe:** With its subtle texture and drape (weight: light to medium), crepe is an excellent choice for semi-fitted garments with a touch of elegance.
- **Silk Habotai:** Soft and smooth (weight: light), silk habotai adds a luxurious feel to semi-fitted dresses and tops.
- **Tencel Twill:** Eco-friendly and breathable (weight: light to medium), Tencel twill is perfect for creating semi-fitted garments with a modern touch.
- **Cotton Sateen:** With a slight sheen and soft touch (weight: light to medium), cotton sateen works well for semi-fitted dresses and tops with a polished appearance.

Remember to consider the pattern's style elements and the ease allowance while selecting the fabric. These woven fabrics, including polyester blends and light-weight denim, will ensure comfortable and stylish semi-fitted garments for various occasions. Happy sewing!

2. **Zipper Length Note:**

For patterns that are fitted in the waist, we recommend installing a zipper that goes below the waist level,

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approximately halfway to the hips. This placement ensures easy dressing and a smooth fit for your garment. However, for patterns that are not fitted in the waist or have a wider neckline, clients have the freedom to make their design decisions. They can choose to install a shorter zipper at the top or even skip the zipper altogether if they prefer. We understand that sewing in a zipper can be a complex step, and we want to provide flexibility in the construction process.

To determine the zipper length, look for the triangular zipper mark along the back seam of the pattern. Measure from the top corner of the back piece to the marking, possibly across several pieces if the zipper spans multiple sections. Generally, if a zipper of a similar length, or slightly shorter, is available, it should work well for your garment.

For the exact zipper length as specified in the pattern, please refer to the specification sheet.

3. **Preparing the Fabric:**

a. **Prewash the Fabric:**
   - Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
   - Follow the fabric's care instructions for washing and drying.

b. **Dry and Iron:**
   - After prewashing, dry the fabric according to the care instructions.
   - Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. **Check Fabric Edges and Salvage Edge:**
   - Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
   - If the fabric is cut at an angle, take this into account when calculating the yardage needed.
   - Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. **Use the Online Yardage Tool at Sewist.com:**
   - Visit Sewist.com and use the online yardage tool to estimate the amount of fabric required for your sewing pattern.
   - Input the necessary measurements and details to get an accurate yardage estimate.

e. **Check Sewing Pattern Instructions:**
   - Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them need to be cut on the fold.
   - Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. **Language Options:**
   - If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
   - Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. **Choose Your Cutting Method:**
   1. (Option 1)
      - Print out the sewing pattern and tape the pages together to create the pattern pieces.
      - Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
      - Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.
   2. (Option 2)
      - If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
      - Download the app and print out the marker page, then follow the manual at Sewist.com - VectAR

Manual to use the AR sewing pattern.

4. FUSIBLE INTERFACING

Applying Fusible Interfacing:

a. Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
b. Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
c. Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
d. To protect the fabric, position a pressing cloth over the interfacing.
e. Apply the fusible interfacing in manageable stages, focusing on one area at a time.
f. With the iron held over the fabric, maintain a steady position for approximately 10 seconds.
g. Keep the iron still during this time to prevent any movement of the fabric layers.
h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

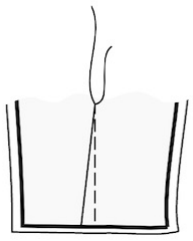
Applying Fusible Interfacing to Shoulder Edges:

a. Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
b. From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
c. This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
d. Refer to the *Figure on the right* for visual guidance.



5. Sew darts on Front pieces. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Cut bulk off of 1 cm, if desired, and serge the raw edge. Press towards top.

6. Sew waist darts on Back pieces if these are present on your sewing pattern. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press bulk of darts towards center back (see Figure in the right).



7. **Gathering the Front Skirt:**

- Sew a gathering stitch along the upper edge of the Front Skirt. Use a long stitch length and leave long thread tails for easy gathering later.
- Gently pull the bobbin threads to gather the fullness evenly across the upper edge of the Front Skirt. Adjust the gathers until the width matches the specified length indicated on the sewing pattern piece for the Front Skirt.
- Once the fullness is evenly distributed and matches the specified length, knot or secure the gathering threads

to hold the gathers in place. Be careful not to pull the threads too tightly, as it may distort the fabric.

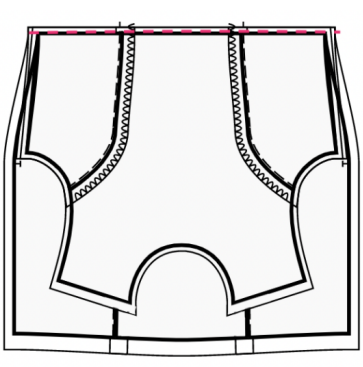
8. **Gathering the Back Skirts:**

- Sew a gathering stitch along the upper edge of the Back Skirt. Use a long stitch length and leave long thread tails for easy gathering later.
- Gently pull the bobbin threads to gather the fullness evenly across the upper edge of the Back Skirt. Adjust the gathers until the width matches the specified length indicated on the sewing pattern piece for the Back Skirt.
- Once the fullness is evenly distributed and matches the specified length, knot or secure the gathering threads to hold the gathers in place. Be careful not to pull the threads too tightly, as it may distort the fabric.
- Repeat for the other Back Skirt.

9. **Assembling Front Bodice and Front Skirt:**

a. Place the Front Bodice and Front Skirt pieces together with *right sides facing* each other. Match the side seams and pin them in place.
b. Align the center front lines of both pieces and pin them together. Ensure the darts and notches line up correctly.
c. For precise alignment and to prevent fabric shifting, consider *basting* the seam before stitching. Use a contrasting thread to make the basting stitches easily visible.
d. *Stitch* the pieces together along the pinned seam, using a straight stitch. *Backstitch* at the beginning and end for added durability.
e. *Serge* the seam allowances to finish the edges neatly.
f. *Press* the seam allowances towards the top to flatten and set the seam.
g. Treat the assembled Front Bodice and Front Skirt as one Front piece for further construction.

Kindly note that the example below may showcase a slightly different pattern design, but the overall concept remains the same.



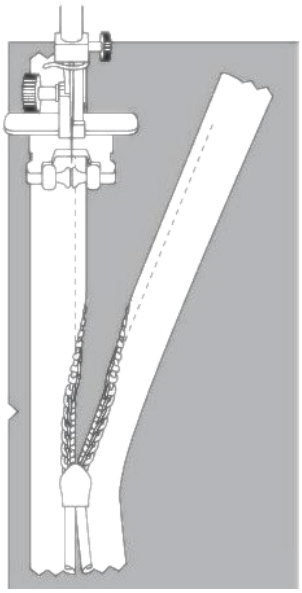


10. Place the right Back Bodice and right Back Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the darts/notches. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam allowances, and press them towards top. Repeat for the left Back Bodice and Left Back Skirt. Treat as whole Back pieces in the future.

11. **CENTER BACK ZIPPER**

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- Fold under the seam allowances along the center back seam. Push them down with your hand, but do not press them.

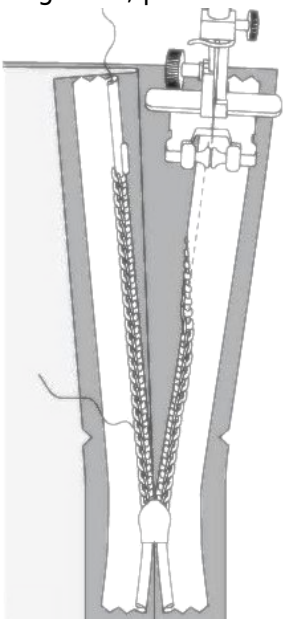


- Open the dress zipper. Put it down onto the center back edge, right sides together. The teeth of the zipper should be matched with the center back of the garment. The edge of the zipper tape is directed towards the edge of the seam allowance.

- Line up the upper end of the zipper 1mm lower than the marked stitch line of the neckline edge (not the edge of the seam allowance of the neckline) and baste the zipper tape to the seam allowance of center back. Do not baste through both layers of the main fabric, but to the seam allowance only. It is best to baste with slanted stitches at the center of the zipper tape. Baste both the left and the right sides of the zipper, from the upper edge downwards.

- Install the invisible zipper foot.

- Push down the teeth of the left side of the zipper with the nail of your index finger, and thread them into the special groove of the zipper foot. Make sure to uncurl the spiral of the zipper with your nail a bit, so that you can see the future stitch line. Adjust the position of the needle and stitch the zipper close to teeth. Make sure that the stitch line is exactly at the center back line. Stop at 2 cm from the slider. Leave long ends, pull them to the wrong side, tie a knot and cut thread. (See Figure 1)



- Repeat for the right side of the zipper. Start stitching at the top and proceed downwards toward the hem. You may need to readjust the position of the needle depending on your zipper foot. (See Figure 2)

- Close the zipper.

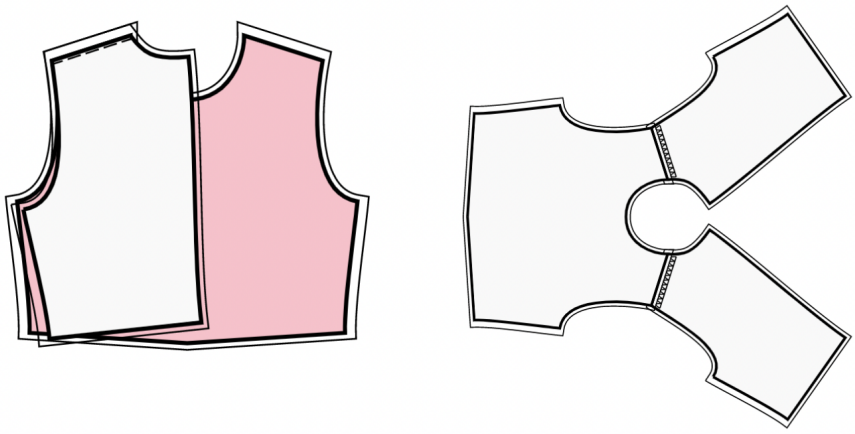
- Baste the center back seam, folding away the lower end of the zipper, so that you can baste it up to the stitch line of the zipper.

- Install the zipper foot. Sew the center back seam from the lower edge (or the vent upper corner, if there's a vent) and stitch as closely as you can to the end of the zipper.

- Remove baste stitches. Slipstitch the base of the opening for zipper. Press the seam apart, pressing the opening for the zipper at the same time.

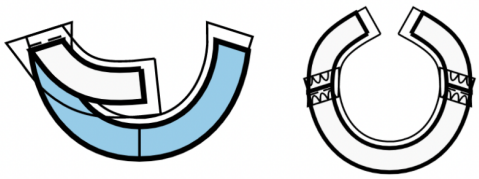
12. Sew shoulder seams. Serge and press towards back.

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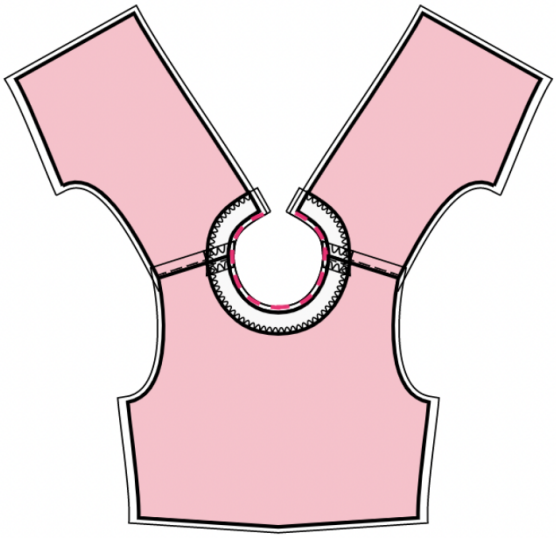


13. **NECKLINE FACING**

- Sew shoulder seams of neckline facings. Press seam apart and serge.



- Serge outer edge of facings.



- Pin facing onto Shell right sides together, adjusting neckline edges. Fold the facing away all the way along EXCEPT for the area 5 mm from the edge of dress zipper (or center back edge if the back has an opening) and pin it to upper edge of garment. Fold seam allowances along zipper ((or center back edge) onto right side and pin to neckline on top of facings.

- Sew the neckline. Clip into curves, trim the corners, turn pieces right side out and press.

- Slipstitch facing to seam allowances of shoulder seam on Shell. Slipstitch facing to zipper tape, or the seam allowances along the center back edge, in case the back has an opening at the top.

14. **Assembling the Button Placket:**

1. **Attach the Button Placket:** Sew the longer edge of the button placket to the center front edge of the garment from the top corner of the neckline to the waistline. After sewing, press the seam allowances towards the placket to make it neat and flat.
2. **Fold and Sew the Placket:** Fold the placket in half, right sides together, matching the right sides together,

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and sew the upper corner. This forms the top part of the placket. Trim the corners diagonally close to the seam to help the placket lay flat when turned right side out. Carefully turn the placket right side out, straighten the corner, and press it for a clean finish.

3. **Finish the Placket Edge:** Turn under the seam allowance along the inner edge of the button placket. Securely pin it to the seam between the placket and the front piece. To ensure a tidy look, stitch in the ditch from the right side, catching the folded edge of the placket and securing it to the front piece.
4. **Repeat for the Other Side:** Complete the same steps for the other side of the button placket to ensure symmetry.
5. **Add Buttons and Buttonholes:** Make buttonholes on the right placket side. Sew buttons on the left placket side according to the markings provided in the pattern.
6. **Secure Center Fronts:** Baste the center fronts together along the lower edge of the placket. From this point forward, treat the plackets and front pieces as one piece, referred to as the "Upper Front," for ease of sewing and handling in future steps.

15. Cut slit on sleeve along the marked line. Cut (or take ready) bias tape from self fabric, its width should equal 4 cm and length should equal two lengths of slit + 4 cm. Fold bias tape in half lengthwise and press. Press outer seam allowances towards center. Sew bias tape to slit of sleeve (pin bias tape to slit edge from the right side and sew, fold bias tape onto wrong side and topstitch onto garment along fold line).

16. Sew a gathering stitch along the upper edge of the middle sleeve and gather fullness. The resulting width is mentioned on the pattern block.

- Pin Upper Sleeve to Middle Sleeve, right sides together, and sew. Serge from the side of the Middle Sleeve and press towards Upper Sleeve.

-Sew a gathering stitch along the lower edge of the middle sleeve and gather fullness. The resulting width is mentioned on the pattern block.

17. **Garment Assembly**

1. Aligning Right Sides and Pinning: Carefully place the Back piece onto the Front piece, right sides together. Take your time to align the following elements for a proper fit: the armholes, the lower edge of the sleeve, the waist seam, and the hem of the garment. Once aligned, use pins to secure them in place. Pins will help keep everything in order.
2. Side Seam Stitching: Commence stitching from the armhole corner, sewing a straight line down to the hem of the garment. This seam forms the side of your dress. Proceed deliberately, removing pins as you sew. Remember to begin and end your seam with a few backstitches to secure it.
3. Sleeve Seam Sewing: Transition to the sleeve section. Stitch a straight line from the armhole down to the lower edge of the sleeve. This creates the sleeve seam. Once again, take your time and remove pins as you progress. Ensure that you commence and conclude your seam with backstitches.
4. Seam Finishing and Pressing: After completing the stitching, it's important to finish the raw edges of the fabric to prevent fraying. You can accomplish this using a serger or by employing a zigzag stitch on your sewing machine. Subsequently, press the seams towards the back of the garment or the back part of the sleeve.

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18. **Attaching Cuffs to Sleeves**

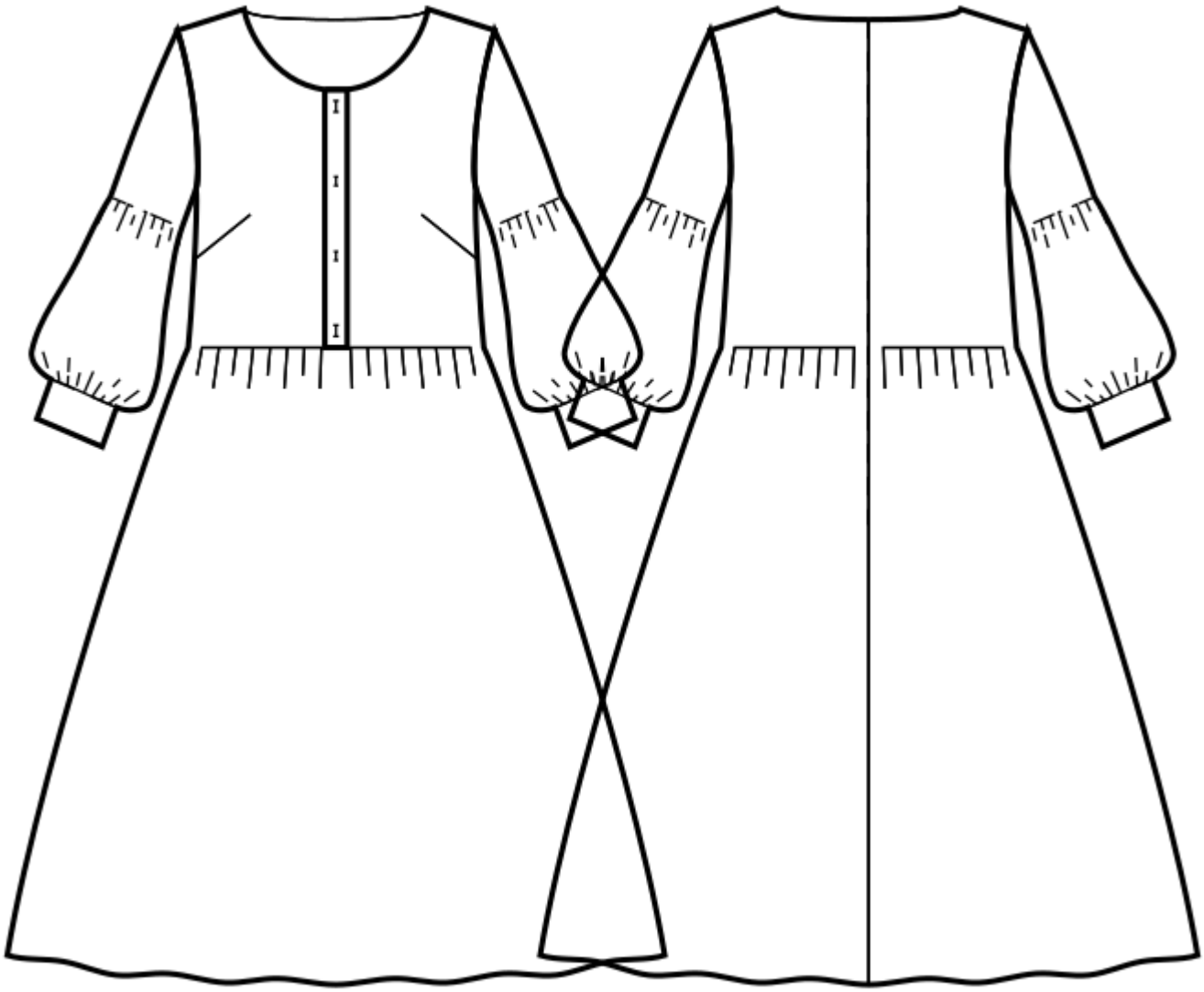
1. Fold the Cuff in Half: Take the cuff and fold it in half lengthwise, right sides together. Pin or use clips to hold the fabric together.
2. Sew the Short Sides: Sew the short sides of the cuff together, starting right at the line where the cuff and sleeve meet. Remember to backstitch at the beginning and end to secure the seam.
3. Turn the Cuff Right Side Out: Trim away the corners of the seam allowances at about 1 mm from the seam, so that when you turn the cuff right side out, there are no bulky untidy corners. Gently turn the cuff right side out, pushing out the corners to make them neat. Press the cuff with an iron to flatten it.
4. Attach the Cuff to the Sleeve: Place the outer side of the cuff onto the lower edge of the sleeve, matching the edges carefully. You can either pin or baste the cuff to the sleeve to hold it securely in place. Then, sew the cuff to the sleeve with a straight stitch.
5. Fold and Stitch the Inner Side: Fold the inner side of the cuff towards the inside of the sleeve to enclose the raw edges. The fold should cover the seam by 1-2 mm. It is advisable to baste this area so that the layers of fabric don't shift when you stitch. From the right side of the cuff, stitch along the seam between the cuff and the sleeve to secure the folded edge in place.
6. Create Buttonholes and Attach Buttons: Make buttonholes and sew buttons on the opposite side of the cuff, aligning them with the buttonholes.

19. HEM FINISHING

a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
   - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
   - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

TECHNICAL DRAWING:

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