

## Sewing Pattern #3964437

**Dress - Oversize fit - Tea length - Regular armholes - Jewel neckline - No collar - Front center zipper - Dress with waist seam - Semi circle skirt with patch pockets - Gathered pocket with 1-piece ruche - Princess seams mid waist to neckline + slanted darts - Back princess seams: shoulder end to waist - Angel sleeve**

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



### PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

### CUTTING:

#### Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [ Main, Interfacing - cut 1+1 ] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

\* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

## INSTRUCTIONS:

### 1. Recommended fabric for your sewing pattern:

#### For Oversize Streetwear Tops and Dresses:

- **Cotton:** Lightweight and breathable, perfect for creating comfortable and relaxed oversize tops and dresses.
- **Rayon Challis:** Soft and drapey, rayon challis is an excellent choice for flowy and stylish streetwear tops and dresses.
- **Lightweight Denim:** For a trendy and casual look, lightweight denim is ideal for oversize streetwear tops and dresses.
- **Viscose:** With a soft and smooth texture, viscose offers a luxurious feel for your streetwear pieces.
- **Crepe:** Provides a refined and elegant appearance for oversize streetwear tops and dresses.
- **Linen Blend:** Offers a cool and breezy option for creating oversized streetwear pieces.
- **Modal:** Soft and comfortable, modal is a great choice for creating cozy and stylish tops and dresses.
- **Polyester Blends:** Versatile and durable, polyester blends provide a wrinkle-resistant option for your oversize streetwear projects.

#### For Jackets and Coats:

- **Wool Blends:** A classic choice for oversize jackets and coats, offering warmth and structure.
- **Heavy Cotton Twill:** Durable and sturdy, heavy cotton twill provides a casual look for oversize outerwear.
- **Canvas:** A tough and heavy fabric, perfect for creating stable and structured oversize jackets and coats.
- **Denim:** Versatile and durable, denim is a great option for creating stylish oversize jackets and coats.
- **Boucle:** With a textured appearance, boucle adds a touch of elegance to oversize coats and jackets.
- **Tweed:** Provides a classic and sophisticated look with added warmth for oversize outerwear.
- **Wool Melton:** A dense and smooth fabric, offering warmth and structure for oversize coats.

Note: If you want to add lining to your garment, you may use the same pattern pieces for the main fabric, except for the width of the facings (along the neck, center front, etc.), which should be adjusted to accommodate the lining. Additionally, consider adding approximately 1 cm to the center back seam to allow for ease when attaching the lining. This will create a polished and professional finish for your oversize outerwear pieces. Happy sewing!

## 2. Preparing the Fabric:

### a. Prewash the Fabric:

- Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
- Follow the fabric's care instructions for washing and drying.

### b. Dry and Iron:

- After prewashing, dry the fabric according to the care instructions.
- Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

### c. Check Fabric Edges and Salvage Edge:

- Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
- If the fabric is cut at an angle, take this into account when calculating the yardage needed.
- Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

### d. Use the Online Yardage Tool at Sewist.com:

- Visit Sewist.com and use the [online yardage tool](#) to estimate the amount of fabric required for your sewing pattern.
- Input the necessary measurements and details to get an accurate yardage estimate.

### e. Check Sewing Pattern Instructions:

- Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them need to be cut on the fold.
- Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

### f. Language Options:

- If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
- Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

### g. Choose Your Cutting Method:

#### 1. (Option 1)

- Print out the sewing pattern and tape the pages together to create the pattern pieces.
- Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
- Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.

#### 2. (Option 2)

- If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
- Download the app and print out the marker page, then follow the manual at [Sewist.com - VectAR Manual](#) to use the AR sewing pattern.

## 3. FUSIBLE INTERFACING

### Applying Fusible Interfacing:

- Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
- Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
- Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
- To protect the fabric, position a pressing cloth over the interfacing.
- Apply the fusible interfacing in manageable stages, focusing on one area at a time.
- With the iron held over the fabric, maintain a steady position for approximately 10 seconds.

- g. Keep the iron still during this time to prevent any movement of the fabric layers.
- h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
- i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

### Applying Fusible Interfacing to Shoulder Edges:

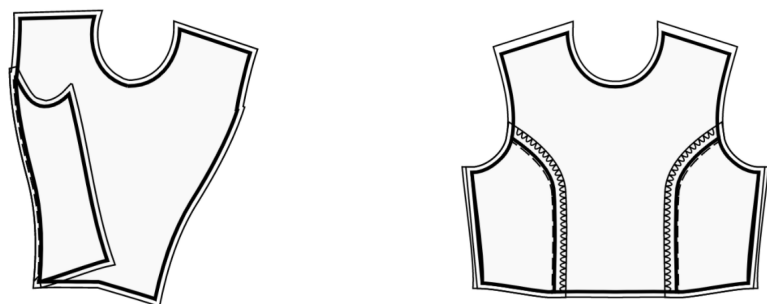
- a. Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
- b. From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
- c. This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
- d. Refer to the *Figure on the right* for visual guidance.



4. Sew darts on Front pieces. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Cut bulk off of 1 cm, if desired, and serge the raw edge. Press towards top.

5. Sew Side Fronts to Center Front. Clip into the seam allowance along the curve. Serge the seams and press apart or towards the center. Treat as one piece (Front Bodice) in the future.

For example:

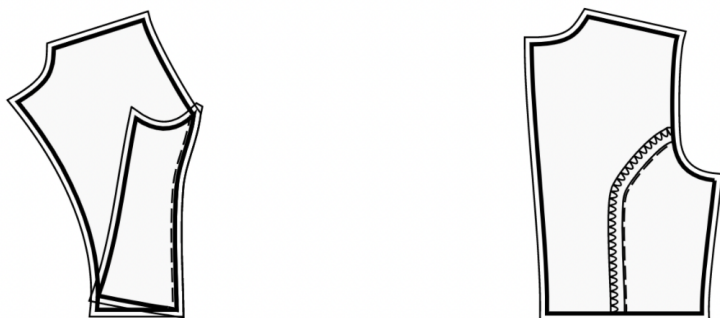


### 6. Attaching the Back Pieces

1. Match and Pin: Take the Back Side pieces and place them onto the Back Center piece, right sides together. Match the curved edges carefully. Use pins to secure them in place.
2. Sew the Seams: Starting from the top, where the curves meet, use your sewing machine to stitch down along the curved seam. Remove the pins as you sew and be sure to backstitch at the beginning and end for extra security.
3. Clip the Curves: After sewing, you'll notice that the curved seam has some excess fabric. To help it lay flat, make small, careful cuts into the seam allowance along the curve. But be cautious not to cut into the actual seam you just stitched.
4. Finish the Seams: To keep the fabric edges from fraying, finish the seams. This can be done with a serger if you have one, or you can use a zigzag stitch on your regular sewing machine. Press the seam allowances towards the center.

5. Press the Seams: To make everything neat and tidy, press the seam allowance towards the center of the Back piece. Pressing gives your sewing a polished look.
6. Treat as One Piece: Now that you've successfully joined the Back Side and Back Center pieces, consider them as a single Back piece for your future sewing steps.

For example:



7. Serge all edges of pocket. Press top seam allowance onto wrong side, and topstitch at 2.5 cm from the upper edge, from the right side.  
Sew a gathering stitch along the marked line and gather fullness, check the width of the pocket against the control block. Turn under the side edges of the pocket ruche and topstitch above the pocket opening.  
Press side and lower sides of pocket onto wrong side (you may want to use a pattern block for the pocket cut from cardboard to make this step easier). Place the pocket on front according to marks, baste in place, and topstitch, making fixing stitches near the pocket opening.

## 8. Assembling Front Bodice and Front Skirt:

- a. Place the Front Bodice and Front Skirt pieces together with *right sides facing* each other. Match the side seams and pin them in place.
- b. Align the center front lines of both pieces and pin them together. Ensure the darts and notches line up correctly.
- c. For precise alignment and to prevent fabric shifting, consider *basting* the seam before stitching. Use a contrasting thread to make the basting stitches easily visible.
- d. *Stitch* the pieces together along the pinned seam, using a straight stitch. *Backstitch* at the beginning and end for added durability.
- e. *Serge* the seam allowances to finish the edges neatly.
- f. *Press* the seam allowances towards the top to flatten and set the seam.
- g. Treat the assembled Front Bodice and Front Skirt as one Front piece for further construction.

*Kindly note that the example below may showcase a slightly different pattern design, but the overall concept remains the same.*



9. Place the right Back Bodice and right Back Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the darts/notches. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam allowances, and press them towards top. Repeat for the left Back Bodice and Left Back Skirt. Treat as whole Back pieces in the future.

10. Sew shoulder seams. Serge and press towards back.



## 11. NECKLINE FACING

- Sew shoulder seams of neckline facings. Press seam apart and serge.





- Serge outer edge of facings.

- Pin facing onto Shell right sides together, adjusting neckline edges. Fold the facing away all the way along EXCEPT for the area 5 mm from the edge of dress zipper (or center back edge if the back has an opening) and pin it to upper edge of garment. Fold seam allowances along zipper ((or center back edge) onto right side and pin to neckline on top of facings.

- Sew the neckline. Clip into curves, trim the corners, turn pieces right side out and press.

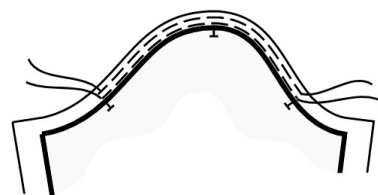
- Slipstitch facing to seam allowances of shoulder seam on Shell. Slipstitch facing to zipper tape, or the seam allowances along the center back edge, in case the back has an opening at the top.



## 12. SEW SLEEVES INTO ARMHOLES

- Stitch two parallel gathering stitches along the sleeve cap, between the two markings at the back and at the front of the sleeve. Leave the ends of threads on each side, at least 10 cm (4 inches) long.

The first stitch line should be placed at 0.1 mm above the marked stitch line, the second stitch line should be placed at 0.5 mm above the first stitch line. (See Figure 1)



- Gather ease, pulling the lower thread. Press the cap of the sleeve, easing it in, 1-1.5 cm at a time. (See Figure 2)

OPEN ARMHOLE (side seams and sleeve seam not sewn yet):

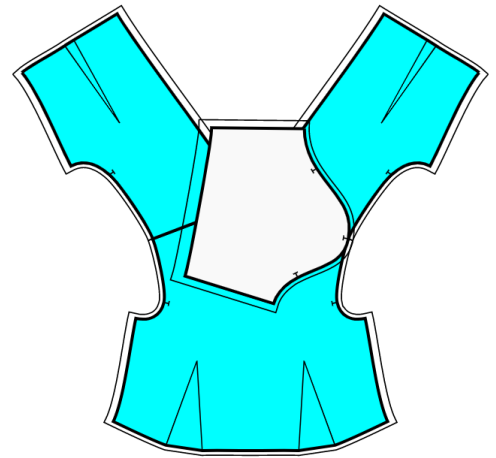
- Pin the sleeve to the bodice (Right Back, Front and Left Back, connected at the shoulder seams). The side edges of the seam should line up with the side edges of the Front / Back, correspondingly. The upper mark on the cap of the sleeve should line up with the shoulder seam - see Figure 3. Baste the sleeve into the armhole, matching the markings at the front and back armholes with the markings at the front and back sides of the cap.

- Sew the seam, with the sleeve on top, and the bodice at the bottom, so that you can control the ease and make sure there are no unwanted tucks at the cap.

- If there are any uneven edges at the cap due to easing it in, trim the seam allowance a little bit to have a smooth line at the edge. Serge the seam with the sleeve on top, and the bodice at the bottom.

- Serge the cap edge with the sleeve on top, and bodice at the bottom.

- Press towards the sleeve.



### 13. Garment Assembly

1. **Aligning Right Sides and Pinning:** Carefully place the Back piece onto the Front piece, right sides together. Take your time to align the following elements for a proper fit: the armholes, the lower edge of the sleeve, the waist seam, and the hem of the garment. Once aligned, use pins to secure them in place. Pins will help keep everything in order.
2. **Side Seam Stitching:** Commence stitching from the armhole corner, sewing a straight line down to the hem of the garment. This seam forms the side of your dress. Proceed deliberately, removing pins as you sew. Remember to begin and end your seam with a few backstitches to secure it.
3. **Sleeve Seam Sewing:** Transition to the sleeve section. Stitch a straight line from the armhole down to the lower edge of the sleeve. This creates the sleeve seam. Once again, take your time and remove pins as you progress. Ensure that you commence and conclude your seam with backstitches.
4. **Seam Finishing and Pressing:** After completing the stitching, it's important to finish the raw edges of the fabric to prevent fraying. You can accomplish this using a serger or by employing a zigzag stitch on your sewing machine. Subsequently, press the seams towards the back of the garment or the back part of the sleeve.

### 14. HEM FINISHING

- a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
- b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
- c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
  - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
  - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.



## 15. SLEEVE FINISHING

- Serge the Lower Edge:** Use a serger to finish the lower edge of the sleeves for a clean look.
- Turn Under and Press:** Turn under the serged edge and press it to create a neat fold.
- Topstitch or Slip Stitch:** Choose your preferred method and either topstitch or slip stitch the folded edge in place.

## TECHNICAL DRAWING:

