

Sewing Pattern #4937551

Dress - Fitted - Knee length - Regular armholes - Jewel neckline - Pointed collar with stand - Button closure neckline to hem - Dress without waist seam - No waist seam, A-line dress - Front French and waist darts - Back waist dart - Gathered short sleeve

Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. Recommended fabric for your sewing pattern:

- Cotton (lightweight to medium-weight, no elastane)
- Linen (lightweight to medium-weight, no elastane)
- Rayon (lightweight, no elastane)
- Chambray (lightweight, no elastane)
- Cotton Lawn (lightweight, no elastane, note: may be transparent)
- Cotton Sateen (medium-weight, no elastane)
- Viscose (lightweight, no elastane)
- Polyester-Cotton Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Rayon Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Linen Blend (lightweight to medium-weight, may contain elastane)

2. Preparing the Fabric:

a. Prewash the Fabric:

- Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
- Follow the fabric's care instructions for washing and drying.

b. Dry and Iron:

- After prewashing, dry the fabric according to the care instructions.
- Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. Check Fabric Edges and Salvage Edge:

- Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
- If the fabric is cut at an angle, take this into account when calculating the yardage needed.
- Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. Use the Online Yardage Tool at Sewist.com:

- Visit Sewist.com and use the [online yardage tool](#) to estimate the amount of fabric required for your sewing pattern.
- Input the necessary measurements and details to get an accurate yardage estimate.

e. Check Sewing Pattern Instructions:

- Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them

need to be cut on the fold.

- Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. Language Options:

- If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
- Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. Choose Your Cutting Method:

1. (Option 1)

- Print out the sewing pattern and tape the pages together to create the pattern pieces.
- Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
- Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.

2. (Option 2)

- If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
- Download the app and print out the marker page, then follow the manual at [Sewist.com - VectAR Manual](https://www.sewist.com/vectar-manual) to use the AR sewing pattern.

3. FUSIBLE INTERFACING

Applying Fusible Interfacing:

- a. Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
- b. Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
- c. Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
- d. To protect the fabric, position a pressing cloth over the interfacing.
- e. Apply the fusible interfacing in manageable stages, focusing on one area at a time.
- f. With the iron held over the fabric, maintain a steady position for approximately 10 seconds.
- g. Keep the iron still during this time to prevent any movement of the fabric layers.
- h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
- i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

Applying Fusible Interfacing to Shoulder Edges:

- a. Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
- b. From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
- c. This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
- d. Refer to the *Figure on the right* for visual guidance.

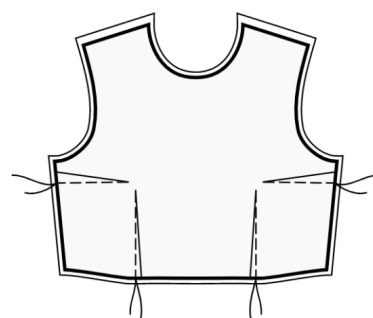


4. **IMPORTANT:** the waist darts on your pattern, both Front and Back, have the widest part in the middle.

- Start stitching them at the waist level towards the upper point of the dart, leave thread tails and tie a knot.
- Then place needle at the beginning of the seam by 1-2 cm and stitch towards the lower point of the dart. Leave thread tails and tie a knot.



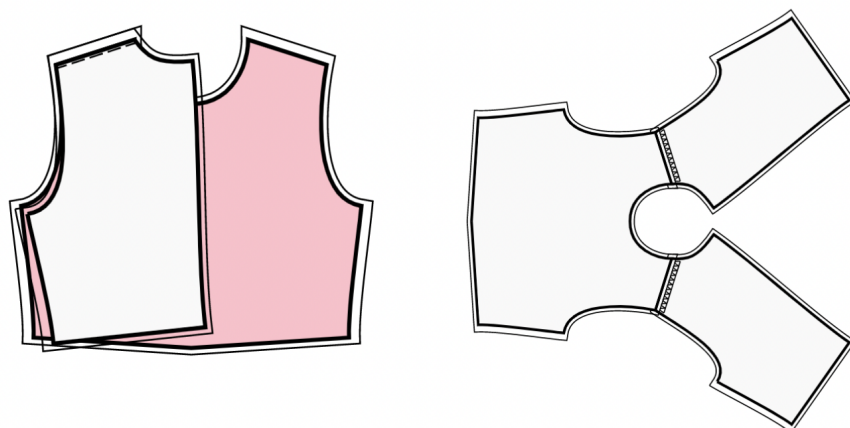
5. Stitch bust and waist darts on Front pieces. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press the bulk of bust darts towards the top and waist darts toward the center.



6. Sew waist darts on Back pieces if these are present on your sewing pattern. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press bulk of darts towards center back (see Figure in the right).



7. Sew shoulder seams. Serge and press towards back.



8. Assembling the Pointed Collar with Stand:

1. **Attach the Collar Pieces:** Pin the upper collar to the lower collar with right sides together. Sew along the collar corners and the outer edge of the collar to join the pieces.
2. **Finish the Collar:** Trim the seam allowances and trim away the corners to reduce bulk. Carefully turn the collar right side out, straighten the edges, and press it for a clean and crisp look.
3. **Assemble the Stand Collar:** Pin the two stand collars together with right sides facing, then place the finished collar in between them. Adjust the notches to ensure a precise fit, and sew the stand collars together, simultaneously sewing the ends of the stand collar. Begin and end the sewing exactly at the marked line of the seam between the stand collar and the garment.
4. **Finalize the Collar:** Turn the assembled collar right side out and press it to ensure a smooth appearance.
5. **Attach the Collar to the Garment:** Pin the collar along with the outer stand collar to the neckline with right sides together. Sew the collar into the neckline, ensuring a neat and secure connection. Press the seam allowances towards the stand collar.
6. **Finish the Inner Stand Collar:** Fold under the raw edge of the inner stand collar, and baste it to the seam, making sure the fold covers the seam by 2 mm. Then, stitch in the ditch from the right side to secure the inner stand collar in place.
7. **Optional: Add a Decorative Stitch:** For a finishing touch, you may sew a decorative stitch along the collar and stand collar, stitching approximately 1mm from the edge.

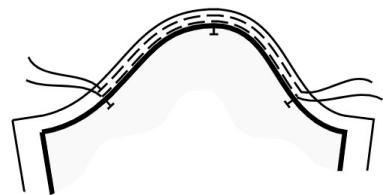
9. BUTTON PLACKET

- Pin the longer edge of button placket to the center front edge, right sides together, and sew. Press towards placket.
- Fold placket in half, right sides together, and sew upper corner. Trim corners, clip into corners. Turn the placket right side out, straighten the corner, and press.
- Repeat for the other side.

10. SEW SLEEVES INTO ARMHOLES

- Stitch two parallel gathering stitches along the sleeve cap, between the two markings at the back and at the front of the sleeve. Leave the ends of threads on each side, at least 10 cm (4 inches) long.

The first stitch line should be placed at 0.1 mm above the marked stitch line, the second stitch line should be placed at 0.5 mm above the first stitch line. (See Figure 1)



- Gather ease, pulling the lower thread. Press the cap of the sleeve, easing it in, 1-1.5 cm at a time. (See Figure 2)

OPEN ARMHOLE (side seams and sleeve seam not sewn yet):

- Pin the sleeve to the bodice (Right Back, Front and Left Back, connected at the shoulder seams). The side edges of the seam should line up with the side edges of the Front / Back, correspondingly. The upper mark on the cap of the sleeve should line up with the shoulder seam - see Figure 3. Baste the sleeve into the armhole, matching the markings at the front and back armholes with the markings at the front and back sides of the cap.

- Sew the seam, with the sleeve on top, and the bodice at the bottom, so that you can control the ease and make sure there are no unwanted tucks at the cap.

- If there are any uneven edges at the cap due to easing it in, trim the seam allowance a little bit to have a smooth line at the edge. Serge the seam with the sleeve on top, and the bodice at the bottom.

- Serge the cap edge with the sleeve on top, and bodice at the bottom.

- Press towards the sleeve.



11. Garment Assembly

1. **Aligning Right Sides and Pinning:** Carefully place the Back piece onto the Front piece, right sides together. Take your time to align the following elements for a proper fit: the armholes, the lower edge of the sleeve, the waist seam, and the hem of the garment. Once aligned, use pins to secure them in place. Pins will help keep everything in order.
2. **Side Seam Stitching:** Commence stitching from the armhole corner, sewing a straight line down to the hem of the garment. This seam forms the side of your dress. Proceed deliberately, removing pins as you sew. Remember to begin and end your seam with a few backstitches to secure it.
3. **Sleeve Seam Sewing:** Transition to the sleeve section. Stitch a straight line from the armhole down to the lower edge of the sleeve. This creates the sleeve seam. Once again, take your time and remove pins as you progress. Ensure that you commence and conclude your seam with backstitches.
4. **Seam Finishing and Pressing:** After completing the stitching, it's important to finish the raw edges of the fabric to prevent fraying. You can accomplish this using a serger or by employing a zigzag stitch on your sewing machine. Subsequently, press the seams towards the back of the garment or the back part of the sleeve.

12. - Turn under seam allowance along inner edge of button placket, pin to the seam between placket and front, and stitch in the ditch from the right side.

- Repeat for the other side.

- Make buttonholes on right placket, sew on buttons on left placket according to the markings.

13. HEM FINISHING

- a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
- b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
- c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
 - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
 - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

14. Sleeve facings

- Sew the side edges of sleeve facings. Press the seam open.
- Serge the outer edge of the facing.
- Pin Sleeve Facings to Sleeves right sides together, and sew along the edge.
- Clip into curves, trim corners, and turn the facing onto the wrong side. Press. Topstitch along the edge.

15. Elastic Insertion for Sleeve

1. Unrip a Small Section of the Sleeve Facing Seam: Carefully unpick or unrip a small section of the seam on the side of the sleeve facing. This will create an opening for inserting the elastic.
2. Measure the Elastic: Use a measuring tape to determine the length of elastic needed. Measure around your elbow and then reduce this measurement by 10%.
3. Insert the Elastic: Take one end of the elastic tape and attach a safety pin or bodkin to it. Insert the pinned end into the opening you created by unripping the seam. Gently guide the elastic through the channel, making sure it goes all the way around the sleeve facing.
4. Secure the Elastic Ends: Once both ends of the elastic tape are out of the sleeve facing, securely sew them together. You can use a sewing machine or hand-sew them together. Ensure that the elastic is firmly fastened, creating a loop.
5. Close the Seam: Carefully sew the small section of the seam that you unripped to create the opening. Stitch it closed using a straight stitch on a sewing machine or by hand with a needle and thread. Ensure that the elastic tape is not caught in the seam as you sew it closed.

TECHNICAL DRAWING:

