

Sewing Pattern #2915233

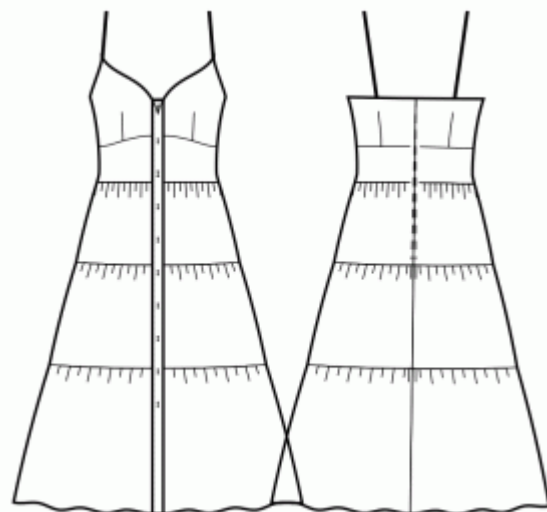
Dress - Fitted - Tea length - Deep decollete - No top decoration - Button closure neckline to hem - Dress with high waist shaped inset - 3-Tiered skirt - All darts transferred to waist - Back waist darts - Thin straps

Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. Recommended fabric for your sewing pattern:

- Cotton (lightweight to medium-weight, no elastane)
- Linen (lightweight to medium-weight, no elastane)
- Rayon (lightweight, no elastane)
- Chambray (lightweight, no elastane)
- Cotton Lawn (lightweight, no elastane, note: may be transparent)
- Cotton Sateen (medium-weight, no elastane)
- Viscose (lightweight, no elastane)
- Polyester-Cotton Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Rayon Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Linen Blend (lightweight to medium-weight, may contain elastane)

2. Preparing the Fabric:

a. Prewash the Fabric:

- Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
- Follow the fabric's care instructions for washing and drying.

b. Dry and Iron:

- After prewashing, dry the fabric according to the care instructions.
- Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. Check Fabric Edges and Salvage Edge:

- Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
- If the fabric is cut at an angle, take this into account when calculating the yardage needed.
- Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. Use the Online Yardage Tool at Sewist.com:

- Visit Sewist.com and use the [online yardage tool](#) to estimate the amount of fabric required for your sewing pattern.
- Input the necessary measurements and details to get an accurate yardage estimate.

e. Check Sewing Pattern Instructions:

- Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them

need to be cut on the fold.

- Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. Language Options:

- If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
- Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. Choose Your Cutting Method:

1. (Option 1)

- Print out the sewing pattern and tape the pages together to create the pattern pieces.
- Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
- Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.

2. (Option 2)

- If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
- Download the app and print out the marker page, then follow the manual at [Sewist.com - VectAR Manual](https://www.sewist.com/vectar-manual) to use the AR sewing pattern.

3. Apply fusible interfacing according to the Cutting instructions. Lay out your main fabric on the ironing board with the wrong side of the fabric up. Place the interfacing on top with the adhesive facing down. Place a pressing cloth over the top. Apply fusible interfacing in stages, covering a certain area at a time. Hold the iron over the fabric for about 10 seconds. Keep the iron still so that the fabric layers don't move around. Lift the iron and proceed to the next area. Leave it to cool a little before moving onto the next stage.

4. Sew waist darts on Front pieces. Cut bulk off of 1 cm, if desired, serge and press towards center.

5. Sew waist darts on Back pieces if these are present on your sewing pattern. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press bulk of darts towards center back (see Figure in the right).



6. Attaching Waist Insets:

- Front Waist Inset:** Align the Front Waist Inset with the Front Bodice, matching the notches for precise placement. Sew the pieces together securely. After sewing, serge the seam allowance and press it towards the Waist Inset.
- Treat as One:** From this point forward, treat the combined piece as the Front Bodice for further assembly.
- Back Waist Insets:** Pair up the Back Waist Insets with the Back Bodices, matching the notches carefully. Sew each pair together, ensuring a clean and smooth seam. Serge the seam allowances and press them towards the Waist Insets.
- Treat as One:** Consider the resulting pieces as the Back Bodices for the remaining steps in the process.

7. - Sew a gathering stitch along the upper edge of the Lower Front Skirt and gather fullness. The desired length is mentioned on the top of the pattern block.
 - Sew Lower Front Skirt to Middle Front Skirt, serge and press towards top.
 - Sew a gathering stitch along the upper edge of the Middle Front Skirt and gather fullness. The desired length is mentioned on the top of the pattern block.
 - Sew Middle Front Skirt to Upper Front Skirt, serge and press towards top.
- Treat as one piece (Front Skirt) in the future.

8. Gathering the Front Skirt:

- Sew a gathering stitch along the upper edge of the Front Skirt. Use a long stitch length and leave long thread tails for easy gathering later.
- Gently pull the bobbin threads to gather the fullness evenly across the upper edge of the Front Skirt. Adjust the gathers until the width matches the specified length indicated on the sewing pattern piece for the Front Skirt.
- Once the fullness is evenly distributed and matches the specified length, knot or secure the gathering threads to hold the gathers in place. Be careful not to pull the threads too tightly, as it may distort the fabric.

9. - Sew a gathering stitch along the upper edge of the Lower Back Skirts and gather fullness. The desired length is mentioned on the top of the pattern block.
 - Sew Lower Back Skirts to Middle Back Skirts, serge and press towards top.
 - Sew a gathering stitch along the upper edge of the Middle Back Skirts and gather fullness. The desired length is mentioned on the top of the pattern block.
 - Sew Middle Back Skirts to Upper Back Skirts, serge and press towards top.
- Treat as one piece (Back Skirts) in the future.

10. Gathering the Back Skirts:

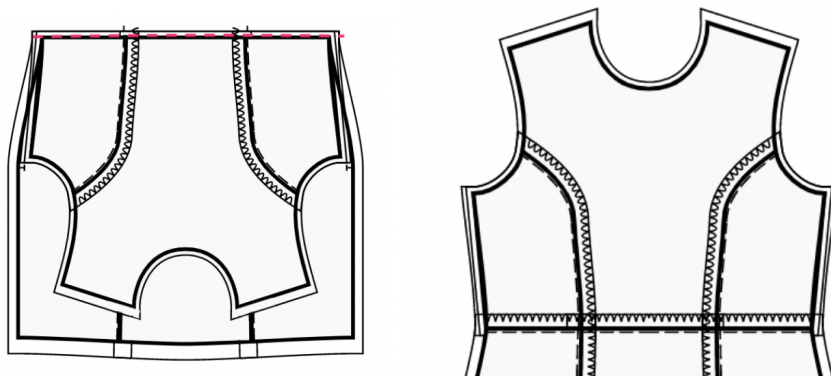
- Sew a gathering stitch along the upper edge of the Back Skirt. Use a long stitch length and leave long thread tails for easy gathering later.
- Gently pull the bobbin threads to gather the fullness evenly across the upper edge of the Back Skirt. Adjust the gathers until the width matches the specified length indicated on the sewing pattern piece for the Back Skirt.
- Once the fullness is evenly distributed and matches the specified length, knot or secure the gathering threads to hold the gathers in place. Be careful not to pull the threads too tightly, as it may distort the fabric.
- Repeat for the other Back Skirt.

11. Assembling Front Bodice and Front Skirt:

- a. Place the Front Bodice and Front Skirt pieces together with *right sides facing* each other. Match the side seams and pin them in place.
- b. Align the center front lines of both pieces and pin them together. Ensure the darts and notches line up correctly.
- c. For precise alignment and to prevent fabric shifting, consider *basting* the seam before stitching. Use a contrasting thread to make the basting stitches easily visible.
- d. *Stitch* the pieces together along the pinned seam, using a straight stitch. *Backstitch* at the beginning and end for added durability.

- e. Serge the seam allowances to finish the edges neatly.
- f. Press the seam allowances towards the top to flatten and set the seam.
- g. Treat the assembled Front Bodice and Front Skirt as one Front piece for further construction.

Kindly note that the example below may showcase a slightly different pattern design, but the overall concept remains the same.



12. Place the right Back Bodice and right Back Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the darts/notches. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam allowances, and press them towards top. Repeat for the left Back Bodice and Left Back Skirt. Treat as whole Back pieces in the future.

13. Serge the center back edges separately. Sew center back seam from top to hem. Press the seam apart.

14. **BUTTON PLACKET**

- Pin the longer edge of button placket to the center front edge, right sides together, and sew. Press towards placket.
- Fold placket in half, right sides together, and sew upper corner. Trim corners, clip into corners. Turn the placket right side out, straighten the corner, and press.
- Repeat for the other side.

15. Fold strap in half lengthwise, right sides together, and sew long edge. Turn right side out, placing seam on fold, press. Topstitch at 0.2 cm from the edge.

16. Pin the Front to the Back, matching the armhole corner, and the waist level. Sew the side seam. Serge the seam press it towards the Back.

17. **INSERTING STRAPS & SEWING FACING ALONG THE TOP EDGE**

- Sew side seams of back and front top edge facings. Serge the lower edge of the facing.

- Pin facing onto Shell right sides together, adjusting neckline edges. Insert the front straps according to the markings. Fold the facing away all the way along EXCEPT for the area 5 mm from the edge of dress zipper and pin it to upper edge of garment. Fold seam allowances along zipper onto right side and pin to neckline on top of facings.

- Sew the top edge continuously. Clip into curves, turn pieces right side out and press.

- Put on garment, adjust length of straps, serge lower edges and fasten them to back facing.

- Slipstitch the facing to the seam allowances along the side edges. Slipstitch facing to zipper tape.

18. - Turn under seam allowance along inner edge of button placket, pin to the seam between placket and front, and stitch in the ditch from the right side.

- Repeat for the other side.

- Make buttonholes on right placket, sew on buttons on left placket according to the markings.

19. HEM FINISHING

- a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
- b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
- c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
 - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
 - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

TECHNICAL DRAWING:

