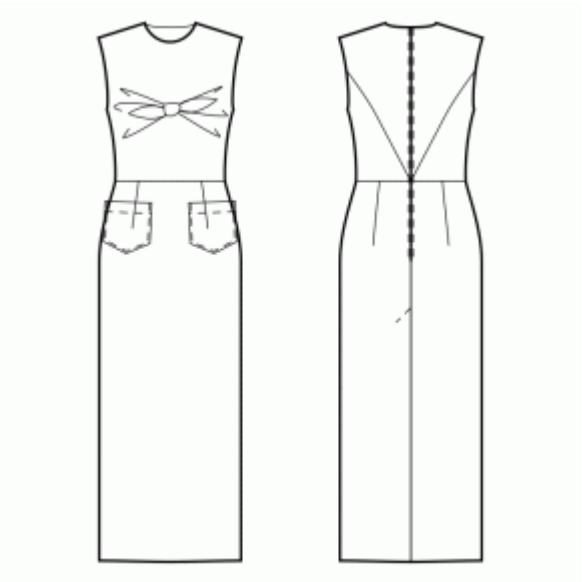
Sewing Pattern #1514938

Dress - Fitted - Full length - Creative dresses with set-in sleeves - Straight skirt with patch pockets - Patch pockets with sharp lower edge - Bows - Bow A - Back princess seam: upper armhole to waist center - No sleeves



Note on seam allowances:

- If the pattern has double contour the seam allowances are included.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - https://get.adobe.com/reader/.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

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Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. **Recommended fabric for your sewing pattern:**

- Cotton (lightweight to medium-weight, no elastane)
- Linen (lightweight to medium-weight, no elastane)
- Rayon (lightweight, no elastane)
- Chambray (lightweight, no elastane)
- Cotton Lawn (lightweight, no elastane, note: may be transparent)
- Cotton Sateen (medium-weight, no elastane)
- Viscose (lightweight, no elastane)
- Polyester-Cotton Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Rayon Blend (lightweight to medium-weight, may contain elastane)
- Polyester-Linen Blend (lightweight to medium-weight, may contain elastane)

2. **Preparing the Fabric:**

a. **Prewash the Fabric:**
   - Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
   - Follow the fabric's care instructions for washing and drying.

b. **Dry and Iron:**
   - After prewashing, dry the fabric according to the care instructions.
   - Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. **Check Fabric Edges and Salvage Edge:**
   - Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
   - If the fabric is cut at an angle, take this into account when calculating the yardage needed.
   - Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. **Use the Online Yardage Tool at Sewist.com:**
   - Visit Sewist.com and use the online yardage tool to estimate the amount of fabric required for your sewing pattern.
   - Input the necessary measurements and details to get an accurate yardage estimate.

e. **Check Sewing Pattern Instructions:**
   - Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them

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need to be cut on the fold.
- Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. **Language Options:**
- If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
- Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. **Choose Your Cutting Method:**

1. (Option 1)
   - Print out the sewing pattern and tape the pages together to create the pattern pieces.
   - Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
   - Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.
2. (Option 2)
   - If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
   - Download the app and print out the marker page, then follow the manual at Sewist.com - VectAR Manual to use the AR sewing pattern.

3. **NOTE ON FULL LENGTH**

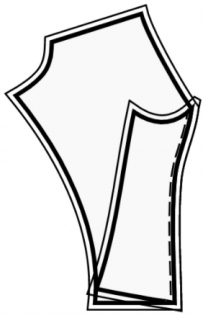
Your pattern is drafted for full length, which means below the ankle length, covering the heels.
There is also a dotted line along the hem of the pattern, that marks the ankle length, so you may adjust the pattern as you see fit.

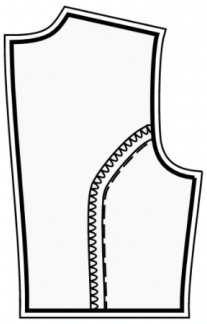
4. Apply fusible interfacing according to the Cutting instructions. Lay out your main fabric on the ironing board with the wrong side of the fabric up. Place the interfacing on top with the adhesive facing down. Place a pressing cloth over the top. Apply fusible interfacing in stages, covering a certain area at a time. Hold the iron over the fabric for about 10 seconds. Keep the iron still so that the fabric layers don’t move around. Lift the iron and proceed to the next area. Leave it to cool a little before moving onto the next stage.

5. **Attaching the Back Pieces**

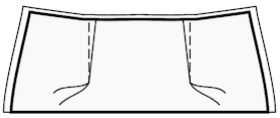
1. Match and Pin: Take the Back Side pieces and place them onto the Back Center piece, right sides together. Match the curved edges carefully. Use pins to secure them in place.
2. Sew the Seams: Starting from the top, where the curves meet, use your sewing machine to stitch down along the curved seam. Remove the pins as you sew and be sure to backstitch at the beginning and end for extra security.
3. Clip the Curves: After sewing, you'll notice that the curved seam has some excess fabric. To help it lay flat, make small, careful cuts into the seam allowance along the curve. But be cautious not to cut into the actual seam you just stitched.
4. Finish the Seams: To keep the fabric edges from fraying, finish the seams. This can be done with a serger if you have one, or you can use a zigzag stitch on your regular sewing machine. Press the seam allowances towards the center.
5. Press the Seams: To make everything neat and tidy, press the seam allowance towards the center of the Back piece. Pressing gives your sewing a polished look.
6. Treat as One Piece: Now that you've successfully joined the Back Side and Back Center pieces, consider them as a single Back piece for your future sewing steps.

For example:

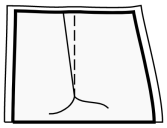




6. Sew darts on Front Skirt. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press bulk of darts towards center front (see Figure in the right).



7. Sew darts on Back Skirts. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press bulk of darts towards center back (see Figure in the right).



8. **PATCH POCKETS**

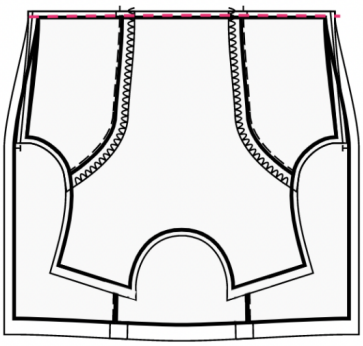
- Apply a strap of fusible interfacing to the upper edge of the patch pocket. Serge all edges of pocket. Press top seam allowance onto wrong side, and topstitch at 2.5 cm from the upper edge, from the right side. Press side and lower sides of pocket onto wrong side (you may want to use a pattern block for the pocket cut from cardboard to make this step easier). Place the pocket on front according to marks, baste in place, and topstitch, making fixing stitches near the pocket opening.

9. **Assembling Front Bodice and Front Skirt:**

a. Place the Front Bodice and Front Skirt pieces together with *right sides facing* each other. Match the side seams and pin them in place.
b. Align the center front lines of both pieces and pin them together. Ensure the darts and notches line up correctly.
c. For precise alignment and to prevent fabric shifting, consider *basting* the seam before stitching. Use a contrasting thread to make the basting stitches easily visible.
d. *Stitch* the pieces together along the pinned seam, using a straight stitch. *Backstitch* at the beginning and end for added durability.
e. *Serge* the seam allowances to finish the edges neatly.
f. *Press* the seam allowances towards the top to flatten and set the seam.
g. Treat the assembled Front Bodice and Front Skirt as one Front piece for further construction.

Kindly note that the example below may showcase a slightly different pattern design, but the overall concept remains the same.

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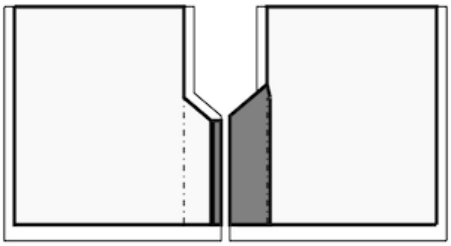




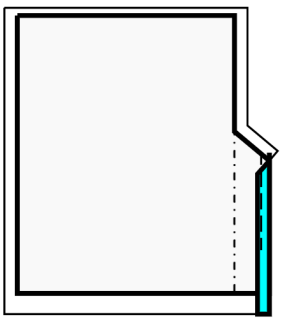
10. Place the right Back Bodice and right Back Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the darts/notches. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam allowances, and press them towards top. Repeat for the left Back Bodice and Left Back Skirt. Treat as whole Back pieces in the future.

11. **VENT**

IMPORTANT: Depending on the length of the skirt and the silhouette your garment may or may not have vent. Skip this step if there is no vent on back skirt.



- Cut a tape from fusible interfacing, 5/8 inch wide, along the grain, and apply it to the seam allowance of the right skirt from the wrong side, leaving a distance of 0.1 cm between the line marking the seam allowance of the vent and the fusible interfacing (see Figure 1).



- Cut a shape of the vent area with the seam allowances, wider by 0.5 cm. Apply the piece to the area of the vent on the left skirt, from the wrong side. The fusible interfacing should pass the fold line of the vent by 0.5 cm (see Figure 1).

- Mark center seam line (vent fold-line) from the right side.

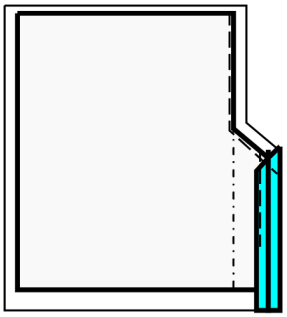
- Serge the vertical and the upper slanted edges of the vents separately on both skirts.

- Fold under the seam allowance along the vertical edge of the vent on the right skirt, and topstitch it, stopping at approximately 6 cm from the lower edge. (See Figure 2).

- Pin right skirt to left skirt, right sides together, align the center back seams, and the vent edges. Baste together along the upper edge of the vent.

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- -Sew the center back seam, then 1/2 inch down, and turn and stitch along the slanted vent edge, all the way up to the vertical edge of the vent on the left skirt. (See Figure 3).

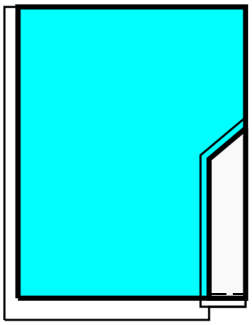


- Clip into the corner of seam allowance between the center back seam and the slanted upper edge of the vent on the right skirt.

- Press the center back seam apart.

- Press the seam allowance for the vent on the left skirt in such a way, that the fold of the vent continues the center back seam.

- On the left skirt, sew a stitch line from the fold of the vent to the vertical edge of the seam allowance of the vent, along the hem line. Cut away the seam allowance, leaving 1 cm (3/4 inches). Trim the corner. Turn right side out and press. (See Figure 4)



- Baste together the layers of the vent along the slanted edge and the vertical edge of the inner part of the vent.

- Sew a fixing stitch from the right side, from the center back seam along the slanted edge of the vent (see the technical drawing).

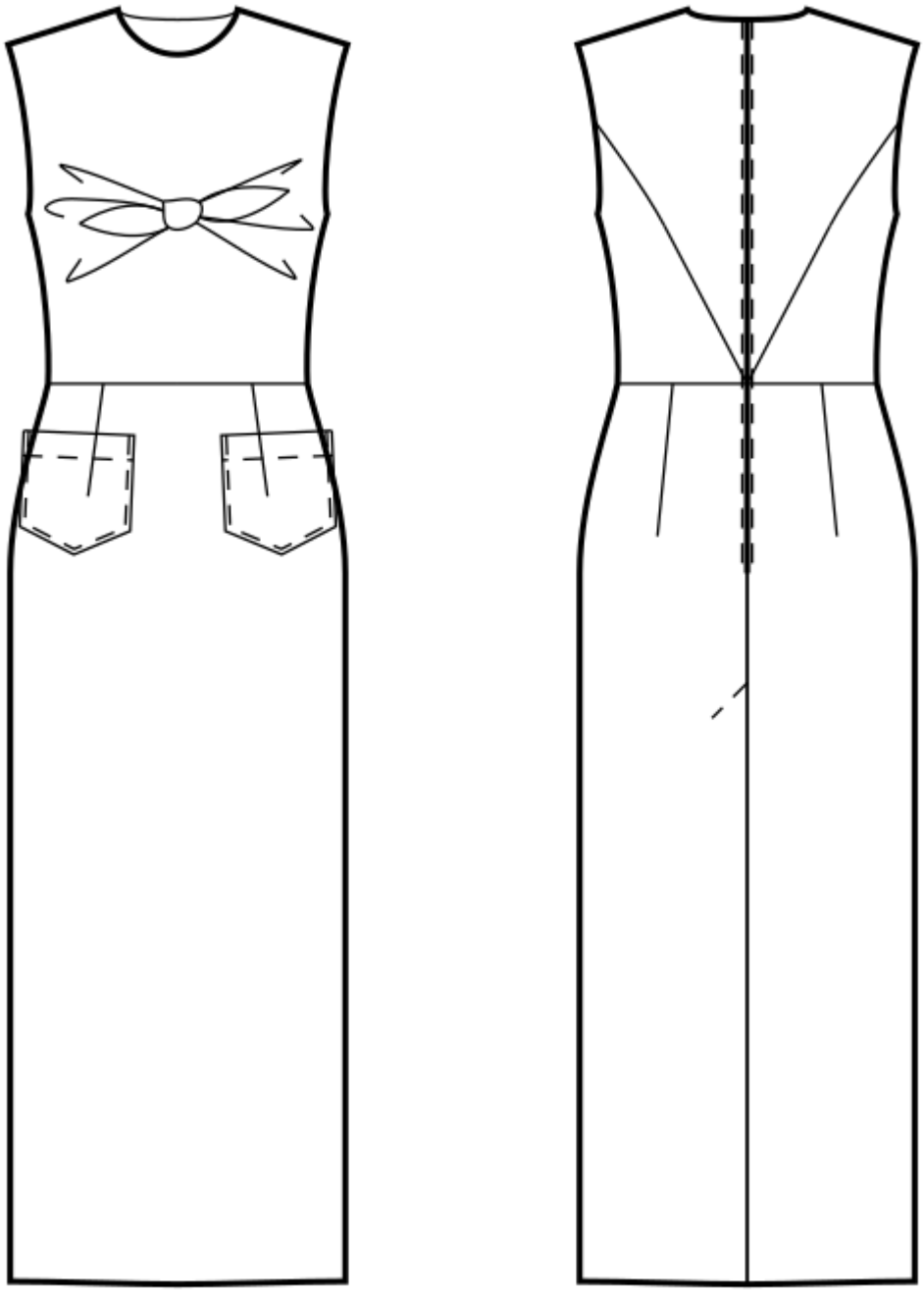
12. SEW THE SIDE SEAMS

1. **Pin Front to Back:** Place the front piece over the back piece, ensuring that the right sides of the fabric are facing each other.
2. **Match Marks and Edges:** Align the waist marks or seams, the armholes, and the lower edges of the pieces.
3. **Sew Side Seams:** Stitch along the sides to create the seams.
4. **Finish Edges:** After sewing, use a serger to finish the edges of the fabric.
5. **Press Towards Back:** Press the finished seams towards the back of the garment to give it a neat appearance.

13. Sew shoulder (if not yet sewn) and side seams of armhole facings. Press seam apart and serge. Serge outer edge of facings. Pin facing onto Shell right sides together, adjusting armhole edges and matching markings. Sew the armhole in two steps - first one front, and then the back. Clip into curves, turn pieces right side out and press. Topstitch seam allowances onto facing.

TECHNICAL DRAWING:

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