

## Design #1638800

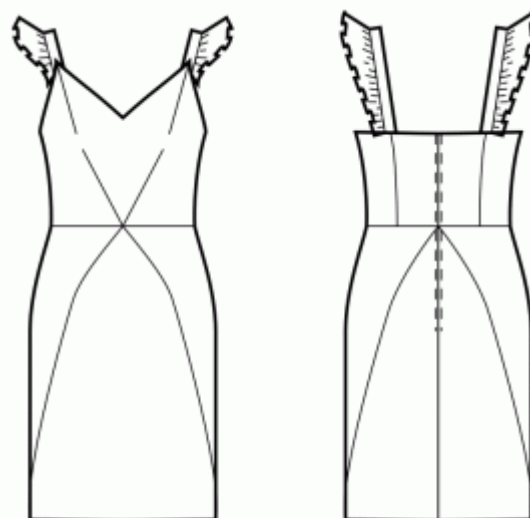
**Dress - Bodycon (knit fabrics!) - Below knee length - V decollete - No top decoration - No front closure - Dress with waist seam - Princess skirt center waist to side hem - Front french and center waist dart - Back princess seam: shoulder to waist - Straps with shaped gathers**

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



### PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

### CUTTING:

#### Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [ Main, Interfacing - cut 1+1 ] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

\* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

## INSTRUCTIONS:

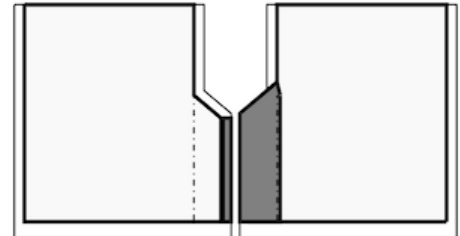
1. Apply fusible interfacing according to the Cutting instructions. Lay out your main fabric on the ironing board with the wrong side of the fabric up. Place the interfacing on top with the adhesive facing down. Place a pressing cloth over the top. Apply fusible interfacing in stages, covering a certain area at a time. Hold the iron over the fabric for about 10 seconds. Keep the iron still so that the fabric layers don't move around. Lift the iron and proceed to the next area. Leave it to cool a little before moving onto the next stage.
2. Stitch bust and waist darts on Front pieces. Start from the edge of the fabric, and stitch towards the dart corner, using a narrow stitch. Do not backstitch, leave long threads and tie a knot. Press the bulk of bust darts towards top and waist darts toward the center.
3. Sew Side Backs to Center Backs. Clip into the seam allowance along the curve. Serge the seams and press towards the center. Treat as one piece (Back) in the future.
4. Sew Back Center Skirts to Back Side Skirts pairwise, matching notches. Clip into curves, serge and press towards center. Treat as one piece (Back skirts) in the future.
5. Sew Front Center Skirt to Front Side Skirts matching notches. Clip into curves, serge and press towards center. Treat as one piece (Front Skirt) in the future.
6. Place the Front Bodice and Front Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the center front lines. The darts/notches should line up. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam allowances, and press them towards top. Treat as one Front piece in the future.
7. Place the right Back Bodice and right Back Skirt together with right sides together, matching the side seams. Pin the bodice to the skirt, matching the darts/notches. Consider basting the seam first to be sure the seams match up perfectly and to prevent any shifting of fabric when stitching. Stitch together. Serge the seam

allowances, and press them towards top. Repeat for the left Back Bodice and Left Back Skirt. Treat as whole Back pieces in the future.

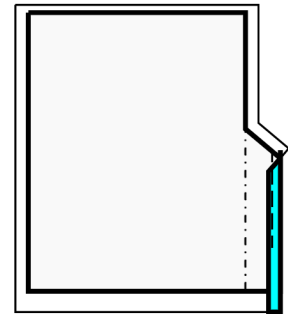
## 8. VENT

*IMPORTANT: Depending on the length of the skirt and the silhouette your garment may or may not have vent. Skip this step if there is no vent on back skirt.*

- Cut a tape from fusible interfacing, 5/8 inch wide, along the grain, and apply it to the seam allowance of the right skirt from the wrong side, leaving a distance of 0.1 cm between the line marking the seam allowance of the vent and the fusible interfacing (see Figure 1).



- Cut a shape of the vent area with the seam allowances, wider by 0.5 cm. Apply the piece to the area of the vent on the left skirt, from the wrong side. The fusible interfacing should pass the fold line of the vent by 0.5 cm (see Figure 1).



- Mark center seam line (vent fold-line) from the right side.

- Serge the vertical and the upper slanted edges of the vents separately on both skirts.

- Fold under the seam allowance along the vertical edge of the vent on the right skirt, and topstitch it, stopping at approximately 6 cm from the lower edge. (See Figure 2).

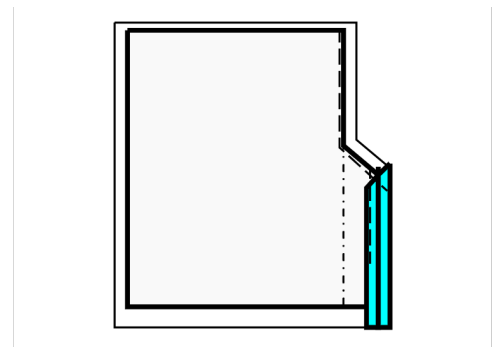
- Pin right skirt to left skirt, right sides together, align the center back seams, and the vent edges. Baste together along the upper edge of the vent.

- Sew the center back seam, then 1/2 inch down, and turn and stitch along the slanted vent edge, all the way up to the vertical edge of the vent on the left skirt. (See Figure 3).

- Clip into the corner of seam allowance between the center back seam and the slanted upper edge of the vent on the right skirt.

- Press the center back seam apart.

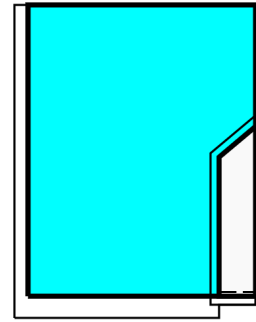
- Press the seam allowance for the vent on the left skirt in such a way, that the fold of the vent continues the center back seam.



- On the left skirt, sew a stitch line from the fold of the vent to the vertical edge of the seam allowance of the vent, along the hem line. Cut away the seam allowance, leaving 1 cm (3/4 inches). Trim the corner. Turn right side out and press. (See Figure 4)

- Baste together the layers of the vent along the slanted edge and the vertical edge of the inner part of the vent.

- Sew a fixing stitch from the right side, from the center back seam along the slanted edge of the vent (see the technical drawing).



## 9. CENTER BACK ZIPPER

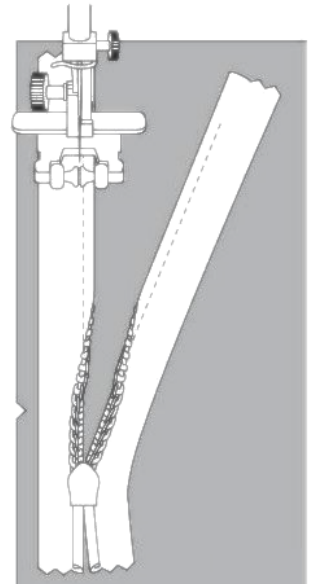
- Fold under the seam allowances along the center back seam. Push them down with your hand, but do not press them.

- Open the dress zipper. Put it down onto the center back edge, right sides together. The teeth of the zipper should be matched with the center back of the garment. The edge of the zipper tape is directed towards the edge of the seam allowance.

- Line up the upper end of the zipper 1mm lower than the marked stitch line of the neckline edge (not the edge of the seam allowance of the neckline) and baste the zipper tape to the seam allowance of center back. Do not baste through both layers of the main fabric, but to the seam allowance only. It is best to baste with slanted stitches at the center of the zipper tape. Baste both the left and the right sides of the zipper, from the upper edge downwards.

- Install the invisible zipper foot.

- Push down the teeth of the left side of the zipper with the nail of your index finger, and thread them into the special groove of the zipper foot. Make sure to uncurl the spiral of the zipper with your nail a bit, so that you can see the future stitch line. Adjust the position of the needle and stitch the zipper close to teeth. Make sure that the stitch line is exactly at the center back line. Stop at 2 cm from the slider. Leave long ends, pull them to



the wrong side, tie a knot and cut thread. (See Figure 1)

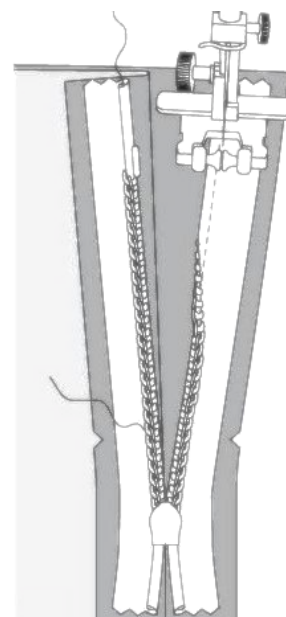
- Repeat for the right side of the zipper. Start stitching at the top and proceed downwards toward the hem. You may need to readjust the position of the needle depending on your zipper foot. (See Figure 2)

- Close the zipper.

- Baste the center back seam, folding away the lower end of the zipper, so that you can baste it up to the stitch line of the zipper.

- Install the zipper foot. Sew the center back seam from the lower edge (or the vent upper corner, if there's a vent) and stitch as closely as you can to the end of the zipper.

- Remove baste stitches. Slipstitch the base of the opening for zipper. Press the seam apart, pressing the opening for the zipper at the same time.



## 10. STRAP WITH GATHERS

- Serge the outer edge of the strap flounce, fold under, press and topstitch.

- Sew a gathering stitch along the inner edge of the strap flounce and gather fullness, adapting the length of the inner edge of the strap flounce to the length of the strap.

- Pin one side of the strap to the gathered edge of the strap flounce, right sides together, the strap flounce should be on top. Sew along the edge. - Fold strap in half lengthwise, wrong sides together. Fold under the raw edge, and baste it to the seam between the strap flounce and the strap. Stitch in the ditch from the right side, finishing the strap. Remove the basting stitches.

11. Pin the Front to the Back, matching the armhole corner, and the waist level. Sew the side seam. Serge the seam press it towards the Back.

## 12. INSERTING STRAPS & SEWING FACING ALONG THE TOP EDGE

- Sew side seams of back and front top edge facings. Serge the lower edge of the facing.

- Pin facing onto Shell right sides together, adjusting neckline edges. Insert the front straps according to the markings. Fold the facing away all the way along EXCEPT for the area 5 mm from the edge of dress zipper and pin it to upper edge of garment. Fold seam allowances along zipper onto right side and pin to neckline on top of facings.

- Sew the top edge continuously. Clip into curves, turn pieces right side out and press.

- Put on garment, adjust length of straps, serge lower edges and fasten them to back facing.

- Slipstitch the facing to the seam allowances along the side edges. Slipstitch facing to zipper tape.

**TECHNICAL DRAWING:**

