

Sewing Pattern #4101503

Top - Bodycon (knit fabrics only!) - Waist length - Regular armholes - Jewel neckline - Pointed collar with stand - Button closure neckline to hem - Top without waist seam

 No waist seam, straight hem - Princess front seam: shoulder to waist - Back princess seam shoulder to waist - Gathered 1/4 sleeve with cuff

Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.



Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - https://get.adobe.com/reader/.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:



Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. Preparing the Fabric:

a. Prewash the Fabric:

- Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
- Follow the fabric's care instructions for washing and drying.

b. Dry and Iron:

- After prewashing, dry the fabric according to the care instructions.
- Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.

c. Check Fabric Edges and Salvage Edge:

- Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
- If the fabric is cut at an angle, take this into account when calculating the yardage needed.
- Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.

d. Use the Online Yardage Tool at Sewist.com:

- Visit Sewist.com and use the <u>online yardage tool</u> to estimate the amount of fabric required for your sewing pattern.
- Input the necessary measurements and details to get an accurate yardage estimate.

e. Check Sewing Pattern Instructions:

- Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them need to be cut on the fold.
- Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.

f. Language Options:

- If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
- Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.

g. Choose Your Cutting Method:

- 1. (Option 1)
 - Print out the sewing pattern and tape the pages together to create the pattern pieces.
 - Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.



- Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.
- 2. (Option 2)
 - If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
 - Download the app and print out the marker page, then follow the manual at <u>Sewist.com VectAR</u>
 <u>Manual</u> to use the AR sewing pattern.

2. FUSIBLE INTERFACING

Applying Fusible Interfacing:

- a. Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
- b. Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
- c. Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
- d. To protect the fabric, position a pressing cloth over the interfacing.
- e. Apply the fusible interfacing in manageable stages, focusing on one area at a time.
- f. With the iron held over the fabric, maintain a steady position for approximately 10 seconds.
- g. Keep the iron still during this time to prevent any movement of the fabric layers.
- h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
- i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

Applying Fusible Interfacing to Shoulder Edges:

- a. Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
- b. From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
- c. This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
- d. Refer to the *Figure on the right* for visual guidance.



3. Sew Side Fronts to Center Front. Clip into the seam allowance along the curve. Serge the seams and press apart or towards the center. Treat as one piece (Front Bodice) in the future. For example:







4. Assembling the Pointed Collar with Stand:

- 1. **Attach the Collar Pieces:** Pin the upper collar to the lower collar with right sides together. Sew along the collar corners and the outer edge of the collar to join the pieces.
- 2. **Finish the Collar:** Trim the seam allowances and trim away the corners to reduce bulk. Carefully turn the collar right side out, straighten the edges, and press it for a clean and crisp look.
- 3. **Assemble the Stand Collar:** Pin the two stand collars together with right sides facing, then place the finished collar in between them. Adjust the notches to ensure a precise fit, and sew the stand collars together, simultaneously sewing the ends of the stand collar. Begin and end the sewing exactly at the marked line of the seam between the stand collar and the garment.
- 4. **Finalize the Collar:** Turn the assembled collar right side out and press it to ensure a smooth appearance.
- 5. **Attach the Collar to the Garment:** Pin the collar along with the outer stand collar to the neckline with right sides together. Sew the collar into the neckline, ensuring a neat and secure connection. Press the seam allowances towards the stand collar.
- 6. **Finish the Inner Stand Collar:** Fold under the raw edge of the inner stand collar, and baste it to the seam, making sure the fold covers the seam by 2 mm. Then, stitch in the ditch from the right side to secure the inner stand collar in place.
- 7. **Optional: Add a Decorative Stitch:** For a finishing touch, you may sew a decorative stitch along the collar and stand collar, stitching approximately 1mm from the edge.

5. BUTTON PLACKET

- Pin the longer edge of button placket to the center front edge, right sides together, and sew. Press towards placket.
- Fold placket in half, right sides together, and sew upper corner. Trim corners, clip into corners. Turn the placket right side out, straighten the corner, and press.
- Repeat for the other side.
- 6. Sew a gathering stitch along the marked edge on the Sleeve and gather fullness according to the length, mentioned on the pattern block.

7. SEW THE SIDE SEAMS

- 1. **Pin Front to Back:** Place the front piece over the back piece, ensuring that the right sides of the fabric are facing each other.
- 2. **Match Marks and Edges:** Align the waist marks or seams, the armholes, and the lower edges of the pieces.
- 3. **Sew Side Seams:** Stitch along the sides to create the seams.
- 4. Finish Edges: After sewing, use a serger to finish the edges of the fabric.
- 5. **Press Towards Back:** Press the finished seams towards the back of the garment to give it a neat appearance.

8. SLEEVE CUFF



- Fold the cuff in half, matching the side edges, right sides together. Flatten it again. Sew the side seam, connecting the cuff into a ring. Press the seam apart.
- Pin the outer edge of the cuff to the lower edge of sleeve, right sides together, and sew around. Press the seam allowances towards the cuff.
- Turn the sleeve wrong side out. Fold the cuff along the crease, so that the inner edge of the cuff is inside the sleeve. Turn under the seam allowance of the raw inner edge of the cuff, so that the fold covers the stitch line, and baste into the seam. Turn the garment right side out, and stitch-in-the-ditch along the seam between the sleeve and the cuff.
- Remove basting stitches. Press the cuff.
- 9. Turn under seam allowance along inner edge of button placket, pin to the seam between placket and front, and stitch in the ditch from the right side.
- Repeat for the other side.
- Make buttonholes on right placket, sew on buttons on left placket according to the markings.

10. HEM FINISHING

- a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
- b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
- c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
 - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
 - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

11. SEWING IN SLEEVES

1. **Prepare the Sleeves:** Ensure that you have the right and left sleeves ready, with their right sides facing out.

2. Insert the Sleeves:

- Start by inserting the sleeve directly into the armhole, aligning the mark at the top of the sleeve cap with the shoulder seam. This is a key reference point.
- Thread the sleeve into the armhole, adjusting the fabric as needed to fit smoothly.
- 3. **Align Notches:** Match the notches on the sleeve cap with the corresponding notches on the back armhole, front armhole, and the shoulder seam of the garment. These notches help ensure proper placement.
- 4. **Pin the Sleeves:** Once the sleeve is inserted and aligned properly, secure it by pinning. Begin with the top of the sleeve cap at the shoulder seam and then continue pinning around the armhole, distributing any ease evenly.

5. Sew the Sleeves into Armholes:

 Using a sewing machine or hand-sewing, stitch along the pinned edge, ensuring that the sleeve fabric is on top and not the armhole part of the garment. Be cautious and follow the alignment created by the pins.
 Maintain a consistent seam allowance.



- After sewing, serge the seam to prevent fraying.
- If necessary, make small snips into the seam allowances along the curves to allow the fabric to lie flat and reduce bulk.
- 6. **Press the Seam Allowances:** After serging and snipping, press the seam allowances gently towards the sleeves. This helps achieve a neat and polished finish while ensuring the seams lay flat.

TECHNICAL DRAWING:

