

Sewing Pattern #10435365

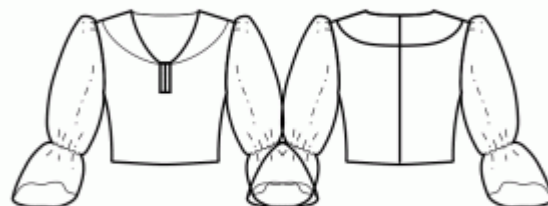
Top - Semi-fitted - Waist length - Regular armholes - Rounded V-neckline - Puritan collar 2 - Polo button placket - Loose top / Tunic - Even hem - High-low sleeve gathered below elbow

Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

CUTTING:

Note on cutting:

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [Main, Interfacing - cut 1+1] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

INSTRUCTIONS:

1. Recommended fabric for your sewing pattern:

- **Linen:** A breathable and lightweight fabric (weight: light to medium) that drapes beautifully, perfect for creating comfortable and semi-fitted garments.
- **Cotton Poplin:** A smooth and versatile fabric (weight: light to medium) with a slight crispness, ideal for semi-fitted dresses and tops with a classic look.
- **Rayon Challis:** Soft and drapey (weight: light), rayon challis offers a lovely flow for semi-fitted garments with a relaxed feel.
- **Cotton Lawn:** A lightweight and breathable fabric (weight: light) with a smooth surface, great for creating comfortable and semi-fitted summer dresses and tops.
- **Chambray:** Similar to denim but with a lighter weight (weight: light to medium), chambray provides a casual yet polished look for semi-fitted styles.
- **Light-weight Denim:** A versatile option (weight: light to medium) that adds a touch of casual elegance to semi-fitted dresses and tops, perfect for everyday wear.
- **Polyester Blends:** Woven fabrics with small to medium stretchiness and limited give (weight: light to medium), ideal for creating semi-fitted garments with a polished appearance.
- **Crepe:** With its subtle texture and drape (weight: light to medium), crepe is an excellent choice for semi-fitted garments with a touch of elegance.
- **Silk Habotai:** Soft and smooth (weight: light), silk habotai adds a luxurious feel to semi-fitted dresses and tops.
- **Tencel Twill:** Eco-friendly and breathable (weight: light to medium), Tencel twill is perfect for creating semi-fitted garments with a modern touch.
- **Cotton Sateen:** With a slight sheen and soft touch (weight: light to medium), cotton sateen works well for semi-fitted dresses and tops with a polished appearance.

Remember to consider the pattern's style elements and the ease allowance while selecting the fabric. These woven fabrics, including polyester blends and light-weight denim, will ensure comfortable and stylish semi-fitted garments for various occasions. Happy sewing!

2. Preparing the Fabric:

a. Prewash the Fabric:

- Before starting your sewing project, it's essential to prewash the fabric to remove any sizing or shrinkage.
- Follow the fabric's care instructions for washing and drying.
- b. Dry and Iron:**
 - After prewashing, dry the fabric according to the care instructions.
 - Once dry, iron the fabric to remove any wrinkles and ensure it's smooth and flat.
- c. Check Fabric Edges and Salvage Edge:**
 - Examine the edges of the fabric piece to ensure they are even and not cut in a slanted line.
 - If the fabric is cut at an angle, take this into account when calculating the yardage needed.
 - Do not include the salvage edge (the rough edge) into the calculations, as it may affect the look of the garment.
- d. Use the Online Yardage Tool at Sewist.com:**
 - Visit Sewist.com and use the [online yardage tool](#) to estimate the amount of fabric required for your sewing pattern.
 - Input the necessary measurements and details to get an accurate yardage estimate.
- e. Check Sewing Pattern Instructions:**
 - Review the sewing pattern instructions to determine the number of fabric pieces to cut and if any of them need to be cut on the fold.
 - Take note of any seam allowances on the edge of the fold line. If the seam allowance extends beyond the fold line, ignore it.
- f. Language Options:**
 - If you need the sewing pattern instructions in German, French, Spanish, Italian, or Russian, you can download them from the sewing pattern page at Sewist.com.
 - Simply go to the gallery, type in the design number, and proceed to the sewing pattern page.
- g. Choose Your Cutting Method:**
 1. (Option 1)
 - Print out the sewing pattern and tape the pages together to create the pattern pieces.
 - Place the sewing pattern pieces on the fabric and use weights to keep them from shifting.
 - Consider marking the outlines with a water-soluble or heat-erasable marker, transferring all marks and notches, and paying attention to the width of the seam allowances.
 2. (Option 2)
 - If you have an iPhone, you can use the augmented reality sewing pattern with the VectAR app.
 - Download the app and print out the marker page, then follow the manual at [Sewist.com - VectAR Manual](#) to use the AR sewing pattern.

3. FUSIBLE INTERFACING

Applying Fusible Interfacing:

- a. Follow the Cutting instructions to determine the size and shape of the fusible interfacing needed.
- b. Prepare your work area by laying out the main fabric on the ironing board, with the wrong side facing up.
- c. Take the fusible interfacing and place it on top of the fabric, ensuring the adhesive side faces down.
- d. To protect the fabric, position a pressing cloth over the interfacing.
- e. Apply the fusible interfacing in manageable stages, focusing on one area at a time.
- f. With the iron held over the fabric, maintain a steady position for approximately 10 seconds.
- g. Keep the iron still during this time to prevent any movement of the fabric layers.
- h. Lift the iron and move on to the next area, repeating the process until all sections are covered.
- i. Allow the fused interfacing to cool down a bit before proceeding to the next step.

Applying Fusible Interfacing to Shoulder Edges:

- Cut a strap of fusible interfacing on bias, approximately 1.5 cm or 1/2 inch wide.
- From the wrong side of the main fabric, place the interfacing strip along the shoulder edges of the Front and Back pieces.
- This step helps stabilize and reinforce the edges, ensuring durability and shape retention.
- Refer to the *Figure on the right* for visual guidance.



4. Fold inside the shorter edges of the casing for cord, press. Topstitch from the right side. Fold inside the longer edges of the casing for cord, press. Pin the tunnel onto the sleeve along the marked lines. Topstitch from the right side. Thread in the cord.

5. Pin collars pairwise right sides together and sew outer edge and corners. Trim seams, turn collar right side out and press.

Sew outer collar stand into front neckline, clip into curves and press seam towards collar. Turn inner collar edge under and topstitch into neckline connecting seam.

6. Polo placket with buttons

Pin the plackets in half lengthwise and serge the longer edge and one shorter edge. Make buttonholes on one of the plackets according to the markings.

Pin the placket onto front, right sides together. The placket should be closer to center front than the marking on the front by the width of seam allowance. The bottom edge should be below the bottom line of the marking on the front by the width of seam allowance. Stitch from the top exactly up to the corner of the marking on the front.

Cut the opening on the front following the smaller inner rectangle. Slash diagonally into the bottom corners, stopping at 1 mm from the corner (do not cut the plackets).

Fold under the bottom seam allowance of the placket area on the front and press. Thread in the plackets, so that their ends are on the wrong side of the Front. Make sure that the placket with the buttonholes lies on top.

Baste the plackets together so that they don't shift. Sew a double fixing stitch at the bottom of the placket area, thus fixing the ends of the placket on the wrong side.

Optionally sew a decorative stitch line along the longer edge of the plackets.

Sew on buttons on the lower placket according to the upper placket.

7. SEW SLEEVE SEAMS

1. **Prepare Sleeves:** Fold each sleeve in half, with the right sides of the fabric facing each other.

2. **Pin Sleeve Sides:** Align the sides of the sleeve pieces and pin them together. Ensure the edges match up accurately.
3. **Sew Sleeve Seam:** Carefully sew along the pinned edge to join the sleeve sides.
4. **Adjust Seam Allowances:** If needed, snip into the seam allowances to allow for a smoother fit.
5. **Serge Seam Allowances:** To prevent fraying and add durability, use a serger to finish the seam allowances.
6. **Press Towards the Back:** After sewing, press the seam allowances towards the back part of the sleeve to create a neat and polished finish.

8. SEW THE SIDE SEAMS

1. **Pin Front to Back:** Place the front piece over the back piece, ensuring that the right sides of the fabric are facing each other.
2. **Match Marks and Edges:** Align the waist marks or seams, the armholes, and the lower edges of the pieces.
3. **Sew Side Seams:** Stitch along the sides to create the seams.
4. **Finish Edges:** After sewing, use a serger to finish the edges of the fabric.
5. **Press Towards Back:** Press the finished seams towards the back of the garment to give it a neat appearance.

9. HEM FINISHING

- a. **Serge Hem** Using a serger or overlock machine, serge the raw edge of the hem to prevent fraying.
- b. **Turn Under and Press:** Turn the serged edge of the hem towards the wrong side of the fabric. Press the folded hem in place with an iron to create a crisp edge.
- c. **Topstitch or Slip Stitch:** Choose your desired finishing method:
 - **Topstitch:** Sew a straight stitch along the folded edge of the hem, securing it in place.
 - **Slip Stitch:** Use a hand sewing needle and matching thread to invisibly stitch the folded hem to the main fabric.

10. SEWING IN SLEEVES

1. **Prepare the Sleeves:** Ensure that you have the right and left sleeves ready, with their right sides facing out.
2. **Insert the Sleeves:**
 - Start by inserting the sleeve directly into the armhole, aligning the mark at the top of the sleeve cap with the shoulder seam. This is a key reference point.
 - Thread the sleeve into the armhole, adjusting the fabric as needed to fit smoothly.
3. **Align Notches:** Match the notches on the sleeve cap with the corresponding notches on the back armhole, front armhole, and the shoulder seam of the garment. These notches help ensure proper placement.
4. **Pin the Sleeves:** Once the sleeve is inserted and aligned properly, secure it by pinning. Begin with the top of the sleeve cap at the shoulder seam and then continue pinning around the armhole, distributing any ease evenly.
5. **Sew the Sleeves into Armholes:**
 - Using a sewing machine or hand-sewing, stitch along the pinned edge, ensuring that the sleeve fabric is on top and not the armhole part of the garment. Be cautious and follow the alignment created by the pins. Maintain a consistent seam allowance.

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- After sewing, serge the seam to prevent fraying.
 - If necessary, make small snips into the seam allowances along the curves to allow the fabric to lie flat and reduce bulk.
6. **Press the Seam Allowances:** After serging and snipping, press the seam allowances gently towards the sleeves. This helps achieve a neat and polished finish while ensuring the seams lay flat.

11. **Sleeve facings**

- Sew the side edges of sleeve facings. Press the seam open.
- Serge the outer edge of the facing.
- Pin Sleeve Facings to Sleeves right sides together, and sew along the edge.
- Clip into curves, trim corners, and turn the facing onto the wrong side. Press. Topstitch along the edge.

TECHNICAL DRAWING:

